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## The Development of Quantitative Medical Thermography From Analogue To Digital

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### SUMMARY

Progress in infrared camera technology, historical and current applications of infrared technology in medicine are reported. The high impact of computing on image acquisition and analysis is emphasised. Avoiding variation due to patient positioning and in the analysis of the thermogram by following strictly established protocols for image capture, has improved the accuracy and reliability of temperature measurements from infrared cameras. Modern equipment nowadays provide an objective assessment of temperature related signs of disease.

**KEY WORDS:** Thermography, Infrared imaging technology, accuracy, reliability

### DIE ENTWICKLUNG DER QUANTIFIZIERENDEN MEDIZINISCHEN THERMOGRAPHIE: VON ANALOG ZU DIGITAL

Der Fortschritt in der Infrarotkamera Technologie sowie historische und aktuelle medizinische Anwendungen der Infrarottechnologie werden berichtet. Die große Bedeutung von Computern auf die Aufnahme und Analyse von Infrarotbildern wird betont. Unterschiede in der Positionierung von Patienten bzw. der Auswertung von Thermogrammen können durch die strikte Einhaltung von Leitlinien zur Durchführung der Thermographie vermieden werden. Auf diese Weise kann die Genauigkeit und Zuverlässigkeit von Temperaturmessungen durch Infrarotkameras verbessert werden. Die moderne Ausrüstung erlaubt heutzutage eine objektive Beurteilung von Temperatur abhängigen Krankheitszeichen

**SCHLÜSSELWÖRTER:** Thermographie, bildgebende Infrarottechnologie, Genauigkeit, Zuverlässigkeit

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The measurement of temperature became possible during the 18th century and thereafter with the invention of the liquid in glass thermometer. Remote sensing technology using infrared radiation from the living human body was a later development following military technology in the mid 20th century.

The early infrared cameras were large, noisy from the use of high speed scanning motors, and in some cases, one image could take up to five minutes to record. The on-screen electronic displays first gave a usable image, which in turn improved from black and white only to colour in the 1970's.

Until that time, many different attempts were made to quantify the images, either by densitometry of a thermal paper image or by manipulation of electronic isotherms. While, it became clear that thermography held promise in the area of non-invasive assessment of for example inflammatory disease, it was difficult to make a series of reliable and repeatable measurements with the early scanners. Improvements in detectors, enabling higher speed imaging were a definite advantage in the 1980's.[1]. However, the ar-

rival of the digital computer for image acquisition and analysis made a huge leap in quantitative studies with the technique. The present day technology with high speed and high resolution, more stable cameras, frequent calibration checks etc. has revolutionised medical thermography.

In 1972 work in the National Rheumatic Diseases Hospital in Bath, showed that inflammatory joint diseases can be imaged, and the heat over an affected joint could be quantified. This led to the comparison of simple localised steroid therapy by injection [2,3]. Also, by critical control of the examination conditions, and stabilisation of the patients in a temperature controlled room, it was possible to study the effect of oral non steroid anti-inflammatory drugs, such as aspirin, ibuprofen etc [4]. A series of clinical trials followed using this technique, which led to a series of peer reviewed publications that were the first to use thermography in this way. Other studies with disease modifying drugs, methotrexate etc. were also useful, and the thermal index calculated from the thermogram only reduced when the inflammatory lesion was in abatement. As many other assessment

parameters were subjective, thermography could be used to provide truly objective information. Dose finding studies could also be achieved with cohorts on patients on different strengths of treatment.

In other areas where stress testing can be applied such as Raynaud's Phenomenon and Hand Arm Vibration Syndrome, a controlled and reliable technique must be employed. In recent years the reliability of infrared cameras has been studied, and simple tests derived to enable the user to detect drift in the system that could lead to inaccuracy and unreliability [5]. It is also now possible with the Glamorgan image capture protocol to reduce variables in patient positioning and of the analysis of the thermograms from standard regions of interest [6].

Critical technique combined with good understanding of the underlying thermal physiology is the key to reliable thermography in medicine. Modern technology is better than before, but still depends on informed usage to be accepted more widely.

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# Telethermography assisted by "Thermal stimulation". A innovative method to improve the accuracy of the technique

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**"Thermal stimulation", a method for improved thermographic identification of skin malignancies, was developed in the 1980-ies. The principle of this method and typical findings in malignant melanoma are described. The mechanism of observed temperature changes and future applications of this technique are discussed.**

**Key words:** Thermal stimulation, Infrared thermography, dermatology, skin tumour

**DURCH "THERMISCHE STIMULIERUNG" UNTERSTÜTZTE THERMOGRAPHIE: EINE NEUE METHODE ZUR VERBESSERUNG DER TREFFSICHERHEIT DER INFRAROT THERMOGRAPHIE**

**"Thermische Stimulierung" wurde in den 1980-iger Jahren als Methode zur verbesserten thermographische Erkennung von malignen Hauterkrankungen entwickelt. Das Prinzip dieser Methode und typische Befunde beim malignem Melanom werden dargestellt. Der Mechanismus, der für die beobachteten Temperaturveränderungen verantwortlich ist, und zukünftige Anwendungen dieser Technik werden diskutiert.**

**Schlüsselwörter:** "Thermische Stimulierung" Infrarot Thermographie, Dermatologie, Hauttumor

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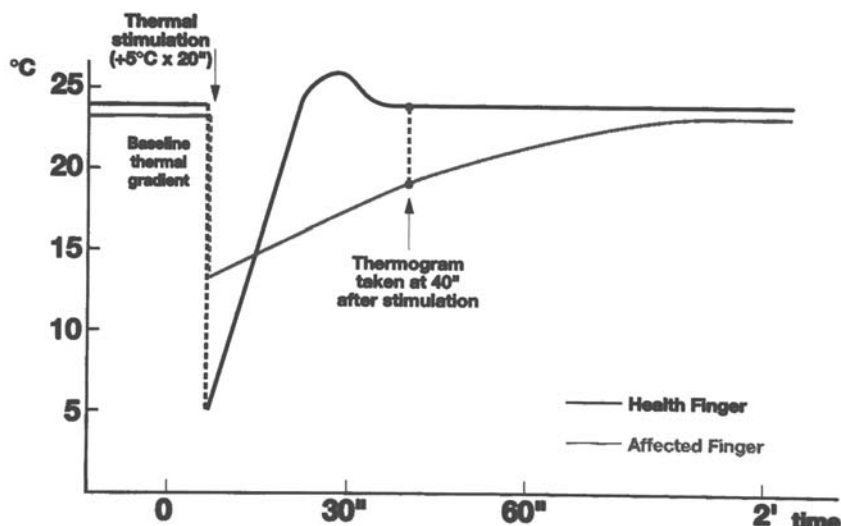
The skin is a very important organ of the body, working as interface between the internal organ and the environment. For this reason it shows some bio-physical characteristic that contribute to its peculiar thermographic pattern: a patchy mosaic, composed of hyperthermic and hypothermic areas whose thermal gradients are the result of both, local (circulatory, metabolic, etc.) and general factors.

Historically, the first evidence of the validity of telethermography (TTG) in the clinical field, was the demonstration

of the very high thermal gradients of the malignant tumours of the superficial organs, such as breast cancer (1) and skin melanoma (2). The first authors observed that the greater the tumour mass was, the higher the thermal gradients have been (3).

Interestingly, it was noted that the melanoma, the most malignant tumour of the skin, was constantly surrounded by a hyper-thermic halo, named also *thermal flame*, which pseudopodes were direct toward nearest lymphocentre sta-

## PRINCIPLE OF THERMOSTIMULATION



The “thermal stimulation” method permits to overpass this problem (6,7,8,9). In fact, starting from the consideration of the particular esothermic metabolism of cancer cells (10), it is possible to perform a different procedure of image acquisition, that of taking and freeze the image immediately after a thermal stress. This method let us to evaluate thermal gradients also of the order of less 0,01 °C (e.g. melanoma in situ), which thermal vision could be impossible to capture by means of direct thermography. Briefly, thermal stimulation (in our experiments: 5°C x 20”) is performed by means a thermal probe that is applied by contact on the skin area containing the melanoma (8). At the end of thermal stress (=T0), it is possible to see in a *few seconds* on the monitor the characteristic pattern of melanoma, while it necessary wait *some minutes* for seeing the physiological recovery of the thermal gradients of the healthy skin.

In our case series of 480 melanoma examined in the period 1990-1999, only 18 of them did not show a rapid recovery time (3,7%): at the histological examination they were in a non-invasive stage (namely, 13 superficial spreading melanoma, 5 “in situ” melanoma).

Using the thermal stimulation, any superficial tumour of the body and in particular the breast cancer is easily identifiable.

The interpretation of the hyperthermic halo particularly that it represents the lymphatic drainage of the tumour, remains highly speculative. In our studies, the thermal gradient of the halo was always inferior to that of the tumour. It could mean that its biophysical origin might be different, suggesting a probably local immune-inflammatory process, reactive to the tumour (lymphocytes? Dendritic cells?, cytokines?)(11). For this, other epidemiological, histological, and biophysical investigations have to be performed.

Finally, the same principle of thermal stimulation could be validly applied in the microvascular field, both for clinical and experimental studies.

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# Monitoring Renal Dialysis Patients By Hand Thermography

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## SUMMARY

This study investigated the usefulness of 3 modern portable infrared cameras for monitoring hand temperature during haemodialysis. The performance of a low cost device with 120 x 120 pixels display was sufficient for detection of temperature differences between the coldest finger and the palm of the hand. A large temperature difference especially when found between both hands can indicate the need to change the position of the shunt, thus preventing problems caused by vascular blockage.

**KEY WORDS:** low cost infrared camera. monitoring, dialysis, hand thermography.

## MONITORING VON DIALYSEPATIENTEN MITTELS THERMOGRAPHIE DER HAND

Diese Studie untersuchte die Brauchbarkeit von 3 modernen, tragbaren Infrarotkameras zur Überwachung der Handtemperatur während der Hämodialyse. Mit einem kostengünstigen Gerät mit einer bildhaften Darstellung von 120 x 120 Pixels konnten Temperaturunterschiede zwischen der Handfläche und dem jeweils kältesten Finger ausreichend erfasst und dargestellt werden. Eine große Temperaturdifferenz besonders zwischen beiden Händen kann auf die Notwendigkeit hinweisen, die Shuntposition zu ändern, um dadurch die Probleme eines Gefäßverschlusses zu vermeiden.

**SCHLÜSSELWÖRTER:** kostengünstige Infrarotkamera, Überwachung, Dialyse, Thermographie der Hand

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## Introduction

Renal Dialysis is a routine procedure that has saved many lives of people with varying forms of kidney failure. The regular cannulation to the arm or leg blood vessels can cause problems in time, as repeated procedures are used at the same site, typically at the arm or groin. Blockage at the fistula causes reduction of the peripheral circulation, so that at some point, the physician needs to assess the time to remove the stent and relocate it to allow further dialysis treatments to continue.

A non invasive means of assessing the state of the peripheral circulation is by the use of infrared thermal imaging. The temperature distribution of the hand or foot is a simple means of determining if the local blood flow is being compromised by the blockage of the circulation caused by repeated use of the cannula and stent.

In this study the use of a modern portable IR camera FLIR i7 has been used to monitor the temperature of the hands in patients during the kidney dialysis procedure in the hospital clinic.

## Camera Choice

In order to assess the performance of the low cost portable camera, the i7 was used in conjunction with a FLIR P640 high resolution system on a pilot study. An i5 camera was also used, but with lower spatial resolution than i7, this camera was rejected for this application.

The P640 camera not only provides higher spatial and thermal resolution (640x480) compared to 120 x 120 with the

i7, but a visible camera is also provided that assists the interpretation of thermograms.

During the dialysis procedure patients are connected to the system by plastic tubes pumping blood at body temperature. It is therefore necessary to obtain thermograms of the target sites free from the thermal effects of the tubes, in order to measure temperature in a more reliable way.

The pilot study showed that it was possible to develop a reliable protocol for use with the lower resolution camera that would provide meaningful results [1].

There were operational difficulties with the more expensive camera. Access to the target areas, usually the hands, was more difficult with a heavier camera, that often needed to be fixed at a critical angle to avoid distortion artefacts that would affect the temperature readings. However, the high image quality both visual and infrared proved to be of special value in developing an operational protocol, without the visual image and the higher resolution. The i7 camera however, is much lighter in weight 0.35 kg compared to 1.9kg for the P640. With careful positioning and focus, the necessary image can be recorded on the i7 in less than 30 seconds.

Table 1

camera	FLIR i5	FLIR i7	FLIR P640
Resolution pixels	80x80	120x120	640x480
Thermal resolu.	0.1°C	0.1°C	0.03°C
Weight	0.35kg	0.35kg	1.9kg
Visible camera	no	no	yes

## Results

18 patients have been examined in the dialysis unit at the Military Institute of Medicine, Warsaw during dialysis. In each case the hand on the same side as the arm receiving the infusion was imaged and the contra-lateral hand was also measured using the i7 camera. From the pilot study the most useful data was obtained from the palmar surface of the hand, and measurement of the coldest finger from the same aspect. In many cases both dorsal and palmar hands have been recorded, but the largest differences have been found by the method above.

Differences in temperature gradient measured from these two sites of the same hand are useful, and comparison with the contra lateral hand are also measured. In 5 patients these measurements were made during dialysis and one day later. The summarised temperature differences in degrees Celsius are shown in table 2. The differences in temperature between the dialysed hand and the opposite hand when more than 3°C are shown in the right hand column, indicating that these patients may well be experiencing fistula problems caused by blockage of a vessel.

## Discussion

This study has shown that a low cost portable infrared camera can be used to assess the effects of repeated dialysis on the peripheral circulation. From this a large temperature difference especially when found between both hands can indicate the need to change the position of the stent, where the infusion system is connected to the patients vascular system.

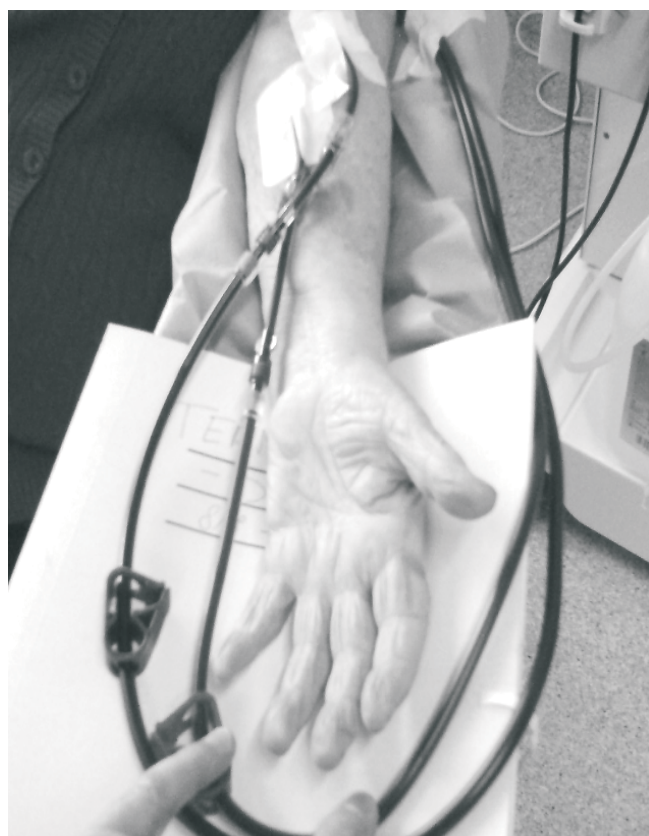


Figure 1  
Typical position of the hand

The thermographic method is rapid simple and non-invasive. It is probable that adequate information is obtained from measurements made during dialysis. Further work will show if the post dialysis measurements are of extra value.

One similar study was published by Allen et al in Newcastle U.K. In their study conducted in a thermal laboratory, they found that thermography could detect the warmer superficial vein close to the patient fistulae. They found that differences in bilateral fistula skin temperature correlated with arterio-venous blood flow. They also concluded that temperatures separated steal from non steal effects on blood flow with an accuracy of more than 90%.

This Warsaw study suggests a promising and simple method of monitoring dialysis patients. There is the probability that advance warning can be obtained of the need for re-locating a fistula, thus preventing problems caused by vascular blockage.

## Acknowledgment

The assistance of Mr P Rutkowski (FLIR systems Poland) in the loan of the P640 camera, and a grant No 019/2010 WIM Poland for the purchase of the i7 camera is gratefully acknowledged.

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Table 2  
Temperature differences from mean palm temperature to coldest finger

Patient	LEFT	RIGHT	Left/post	Right/post	Sign. t Diff
1	5.8	7			
2	<b>8.2</b>	3.1			5
3	6.2	7.1			
4	2	0.8			
5	5.6	0.4			6
6	0	0			
7	0.4	3.1			
8	0.5	1.4			
9	3.4	5.4			
10	2.3	1.7			
11	<b>7.6</b>	3.1			4.5
12	6.3	4.6			
13	6.2	xxx			
14	2.5	2.5	4.6	4.8	
15	5.6	5	4.6	<b>10.5</b>	6
16	6.1	5.1	2.4	3	
17	4.5	7.4	4.3	5.1	
18	4.4	6.4	4.7	3.4	

Patients 2,5, 11, and 15 show high t differences.



# New Standards For Infrared Thermal Imaging And Applications For Fever Detection

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## SUMMARY

International Standards Organisation (ISO) has provided new standards for the use of thermal imaging in fever screening locations such as airports. Minimal requirements for the localisation of temperature measurement, the minimum size of the measuring spot, position of subject and measuring camera are clearly defined. Also specifications are provided for infrared cameras which can be deployed for mass fever screening. However, a radical change in the deployment of IR cameras used for fever screening was not observed since the publication of the standard in 2009. Only one clinical study on fever detection in children has used the criteria of this standard.

**KEY WORDS:** standard, fever detection, infrared thermography

## NEUER STANDARD FÜR DIE INFRAROTHERMOGRAPHIE ZUR FIEBERSUCHE

Die Internationale Standards Organisation (ISO) hat neue Standards für den Gebrauch von Infrarotkameras zur Fiebersuche z.B. auf Flughäfen erstellt. Die minimalen Anforderungen für die Lokalisierung der Temperaturmessung, die minimale Größe des Messflecks, die Position der Person und der messenden Kamera wurden klar definiert. Ebenso wurden Spezifikationen für Infrarotkamera erstellt, die für die Fiebersuche bei zahlreichen Personen verwendet werden können. Allerdings wurde seit der Veröffentlichung des Standard im Jahr 2008 noch keine wesentliche Änderung in der Anwendung von Infrarotkameras zur Fiebersuche beobachtet. Lediglich eine klinische Studie zur Fieberbestimmung bei Kindern hat die Bestimmungen des Standards berücksichtigt.

**SCHLÜSSELWÖRTER:** Standard, Fiebersuche, Infrarotthermographie

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International Standards Organisation (ISO) has provided new standards for the use of thermal imaging in fever screening locations such as airports. The need for this became apparent after the outbreak of the highly contagious infection Severe Acute Respiratory Syndrome SARS in 2003/4. The final documents were published as ISO TC 121/SC3-IEC SC62D *Particular requirements for the basic safety and essential performance of screening thermographs for human febrile temperature screening* in 2008.

This was followed by a technical report especially written for organisations purchasing and deploying thermal imaging cameras for screening. ISO/TR 13154:2009 ISO/TR 80600 *Medical Electrical Equipment- Deployment, implementation and operational guidelines for identifying febrile human using a screening thermograph* [1]:

These documents, in the main, focus on the minimal requirements for a radiometric camera that is required to measure with the optimal certainty the small area at the inner corner of the human eye, with at least 9 pixels. (A number of non-radiometric cameras have been used in some locations). The standard also requires the subject to be stationary and close to the camera without angular distortion to optimise the target site, ruling out the common practice of distant surveillance of a moving crowd of subjects.

A study in children with and without fever has been conducted in Warsaw Poland, using the criteria set out in this

new standard [2]. It has been shown that there is a high correlation between the inner canthi eye temperatures and those obtained by clinical thermometry, while the tympanic membrane ear thermometry is less well correlated. This study was carried out on 400 children between the age of 1 year and 17 years, and normal values for healthy and febrile children have been derived.

## Instrumentation

A new work group is now in operation chaired by Prof. Machin to develop a new ISO document dealing with the descriptive specifications for infrared cameras. The need for this is driven by the variability across the market in specification terminology for IR cameras. This makes comparison or selection of a suitable instrument more difficult for the purchaser and user.

At the centre of this document is a detailed vocabulary with definitions that when finalised will be accepted by the participating national standards organisations around the world.

## Scope

The new document specifically applies to thermal imaging devices (thermal imagers). It is limited to devices that operate in the infrared waveband and those that are based on focal plane arrays. It identifies and defines the essential technical data (parameters) that should be given by manu-

facturers when describing the performance of thermal imagers.

The objective of the document is to ensure that any supplied technical data be provided in a consistent and unambiguous manner, with the same terminology used throughout the industry. This will greatly facilitate the user/purchaser when comparing thermal imagers from alternate suppliers. A normative reference cited is the 2008 publication on metrology values [3]:

The following section then deals with a number of definitions, terms and abbreviations. These include measurement uncertainty, ambient temperature effects, short-term stability (repeatability) Long-term stability (reproducibility), operating temperature range, storage temperature range, Image uniformity, measuring distance, influence of air humidity etc.

The document is in effect the first attempt to create a specific internationally agreed vocabulary relating to the parameters needed to define the performance of an infrared camera.

It will be important to manufacturers and commissioners of thermal imaging equipment, providing that the industry does follow the terminology set out in this document..

So far, there has not been a radical change in the deployment of IR cameras used for fever screening since the publication of the standard in 2009, which is disappointing. However, it may require a longer time for more widespread adherence to this standard. In almost all cases such standards are not enforceable by law, but must be publicized for their value to be recognized as “best practice”.

An interesting publication from the National Physical Laboratory in the UK is the Good Practice Guide 118 - A Beginners Guide to Measurement where the fundamental

issues around measurement are discussed in basic terms [4]. For example, one section of this document discusses “How accurate can a measurement be - and what does accuracy mean?” The concepts of accuracy or uncertainty of measurement depend on different factors, yet no measurement is, or ever can be, exactly right. It is enough that we have the accuracy we need, or uncertainty that we can tolerate. One of the problems that arise is from the fact that measurement is so much a part of daily life, that measurement terms that are used by scientists are also in use everyday by everyone else in a loose and undefined manner.

It is clearly important that definitions of camera performance and especially those relating to or influencing temperature measurement are clearly defined, understood, and capable of being compared between different instruments designed for the same purpose. At present there is a lack of conformity across the developing industry for infrared imaging, in the descriptive literature provided for their customers. It is hoped that this new initiative will address this problem, but this will only happen with the full cooperation of the manufacturers and marketing organizations promoting infrared imaging systems.

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# 24th Thermological Symposium of the Austrian Society of Thermology Quantitative Thermal Imaging in Medicine

12<sup>th</sup> November 2011 Raddisson BLU Palais Hotel, Parkring 16, 1010 Vienna

## Programme

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Chair: Prof Dr. Anna Jung (Poland), Prof James B Mercer (Norway)

- 8.30-8.50 **Rod Thomas** (UK)  
High performance Computing in Wales and Related Thermographic Advancements
- 8.50-8.55 Discussion
- 8.55-9.15 **Rosie E. Richards**, J.Allen, RE.Smith, KJ.Howell (UK)  
Evaluation of three thermal imagers for skin temperature measurement using the Land P80P blackbody source and a spatial resolution test object.
- 9.15- 9.20 Discussion
- 9.20-9.35 **Ricardo Vardasca** (Portugal)  
The impact of compression algorithms over thermographic data transmitted via network
- 9.35-9.40 Discussion
- 9.40- 10.00 **Ring EFJ**, Jung A, Kalicki B, Zuber J, Rustecka A, Vardasca R (UK/Poland)  
Infrared Thermal Imaging for Fever Detection in Children
- 10.00-10.05 Discussion
- 10.05-10.25 **Simone Westermann** (Austria)  
The effect of draft on the temperature profile of the distal front limb of the horse
- 10.25-10.30 Discussion

## 10.30- 11.00 Coffee Break

Chair: Prof Dr. Francis Ring (UK), Prof Dr Kurt Ammer (Austria)

- 11.00- 11.20 Linn Eva Hauvik, **James B. Mercer** (Norway)  
Thermal distribution patterns of the skin surface of the head in bald-headed male subjects measured by dynamic infrared thermography (DIRT) .
- 11.20-11.25 Discussion
- 11.25- 11.45 **Manuel Sillero Quintana**, Fernández Cuevas I, Gómez Carmona PM, García de la Concepción MA (Spain)  
Application of thermography as injury prevention method in sports
- 11.45- 11.50 Discussion
- 11.50- 12.10 **Joseph Gabrhel** , Z.Popracová, H.Tauchmannová, Z Chvojka (Slovak Republic/Czech Republic )  
Thermographic and sonographic examination of painfull knees in young athletes.
- 12.10-12.15 Discussion
- 12.15-12.35 **Gómez Carmona** PM, Sillero Quintana M, Fernández Cuevas I, Noya Salces J, Fernández Rodríguez (Spain)  
Application of an injury prevention protocol based on infrared thermography in professional soccer players during pre-season
- 12.35-12.40 Discussion
- 12.40-12.55 **Kurt Ammer** (Austria)  
Evaluation of various massage techniques by thermography
- 12.55-13.00 Discussion
- 13.00-13.25 **Francis Ring** (UK)  
The scientific heritage of Ludwig Boltzmann
- 13.25- 13.30 Discussion

**13.30**

**Close**

## Abstracts

### THE SCIENTIFIC HERITAGE OF LUDWIG BOLTZMANN

EFJ Ring

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Infrared thermal imaging in medicine provides an objective means of imaging skin surface temperature distribution. As the infrared energy is naturally emitted from the skin, the whole principle of this technology is based on the radiometric capture of thermal radiation, which peaks at around 9 microns. Modern radiation theory is now well developed, but we owe a great deal to European scientists, especially those from Vienna University.

Ludwig Boltzmann was one of the key pioneers in establishing the major principles of radiation theory. Born in Vienna, he studied physics at Vienna University from 1863, where he gained a PhD in 1866 under the supervision of Joseph Stefan. After teaching in Graz, Heidelberg and Berlin Universities, he became Professor of Mathematics in Vienna in 1876. His contributions to science were numerous, but we rely today on Boltzmann's law, in the calculations of temperature from infrared radiation. Over the years, Medicine and Physics have benefited from many discoveries that have been associated with the famous University of Vienna.

In modern Vienna, we have had many standards laid by our Austrian colleagues, and are particularly indebted to Prof. Kurt Ammer (himself a medical graduate of Vienna University) for the series of meetings and conferences held in Vienna on medical thermography. The international community working in this field also recognise the invaluable contribution that he has made in his own research, and founding and editing the Journal, from *Thermologie Österreich*, to the present *Thermology international*. Throughout the past 21 years Prof Ammer has been an active Secretary General for the European Association of Thermology, which has been a practical organisation linking the different groups, individuals and Societies throughout Europe.

The modern infrared camera technology of today has dramatically improved, and computer processing has facilitated the clinical use of this technique for the study of human body temperature. In many ways, the ancient city of Vienna, is a most fitting venue for modern scientific exchange on infrared imaging in medicine.

### EVALUATION OF THREE THERMAL IMAGERS FOR SKIN TEMPERATURE MEASUREMENT USING THE LAND P80P BLACKBODY SOURCE AND A SPATIAL RESOLUTION TEST OBJECT.

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**BACKGROUND:** Calibration is defined as establishing a relationship between a measuring instrument and a measurement standard. The importance of thermal camera calibration is often overlooked in medical applications of thermography. Manufacturers' specifications typically claim an accuracy of  $\pm 2^\circ\text{C}$  for un-cooled FPA thermal imagers. This accuracy would be unacceptable in clinical measurements where it would account for approximately 20% of the range of temperatures encountered.

**AIM.** To investigate the performance of modern thermal imagers in practice.

**METHODS.** We evaluated three un-cooled FPA infrared cameras, the FLIR A320G and A40M (320x240 pixels) and the E30 portable (160x120 pixels), to ascertain the drift after switch on, linearity, stability with varying ambient temperature and uniformity of the devices.

Our standard was a LAND P80P blackbody source with a traceable platinum resistance thermometer standard to verify cavity temperature. We also evaluated spatial resolution for all three cameras using the Glamorgan test object. Following calibration the A320G and E30 were used to obtain a small sample of normothermic facial images and images of the fingertips during a cold challenge re-warming test, images from which will be presented at the meeting.

**RESULTS.** Comparison of the camera reading with the black body source between 20 and  $39^\circ\text{C}$  showed that the offset of the thermal cameras was considerably less than  $\pm 2^\circ\text{C}$ . The offset bias between the readings (PRT temperature minus camera) during the linearity test was found to be  $0.8^\circ\text{C}$  (SD  $0.7^\circ\text{C}$ ),  $0.1^\circ\text{C}$  (SD  $0.3^\circ\text{C}$ ) and  $-0.1^\circ\text{C}$  (SD  $0.2^\circ\text{C}$ ) for the A40M, E30 and A320G respectively. The drift in the camera reading after switch on was measured every 15 seconds for one hour and was found to be minimal for both the A320G and A40M, settling to within  $\pm 0.1^\circ\text{C}$  after 28 minutes and 10 minutes respectively. The E30 camera initially showed greater fluctuation over 30 minutes, but the discrepancy was reduced to  $\pm 0.2^\circ\text{C}$  after 42 minutes and  $\pm 0.1^\circ\text{C}$  after 46 minutes. The spatial resolution was, as expected, lower for the E30 than for the A320G and A40M. Our preliminary findings were that the lower resolution E30 may be suitable for many clinical applications.

**CONCLUSIONS.** The results highlight the importance of calibration for quality assurance of medical thermography. All cameras performed within specification, but there was considerable difference in offset bias and confidence intervals between the three devices. The drift after switch on is an important consideration, although even the portable E30 device showed acceptable stability well within an hour. Modern uncooled FPA thermal cameras are suitable for clinical measurements provided appropriate quality assurance is in place.

### THE IMPACT OF COMPRESSION ALGORITHMS OVER THERMOGRAPHIC DATA TRANSMITTED VIA NETWORK.

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Technology is evolving, the usage of mobile devices and network transmission are becoming increasingly common. Thermographic devices had always followed the technological evolution becoming smaller and with more features. However in network transmissions a problem of reliability remains related with the amount of data to be transmitted and its error rate. The only existent solution is to code and compress the data to be transmitted over the network, it will decrease its size and make it more robust preserving confidentiality. Mobile devices such as smartphones or tablets can have applications to control thermographic cameras and transmit the data over a network to a server. These devices have a small capacity of storage. The purpose of this study is to investigate which of the available methods for compressing images are more suitable to be used in infrared images and to characterize the impact of each lossless and lossy method in each parameter of temperature measurement (maximum, mean and minimal temperature and standard deviation). 20 thermal images of faces were selected from a database, its temperature values registered. The images data was exported to radiometric files and these files processed by algorithms coded in Matlab generating a compressed file per each method and image, which were transmitted over the Internet to a remote computer that had the exactly same Software to decompress those images and analyse its temperature parameters. The most suitable methods for infrared medical im-



ages are the lossless and of these the technique that produced the best results was the Run-length encoding. This information is important when considering to develop future software for handling medical infrared images in a network environment with poor network conditions.

## INFRARED THERMAL IMAGING FOR FEVER DETECTION IN CHILDREN

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In recent years pandemic influenza infections have raised concerns about the ever increasing mobility of the travelling public, bringing heightened risks of the speed and spread of infection. Thermal Imaging has been promoted as a convenient means of identifying people in airports who may have raised temperatures, and therefore potentially infectious.

In general, the use of thermal imaging in these situations has been more symbolic than useful. Surveillance of a moving crowd of people at a distance, which is the most common approach is fraught with problems, and the thermal and spatial resolution available is far below that required to separate a febrile from a non- febrile person. Added to this, there have been relatively few clinical studies to validate the general concepts, or to provide reference data to define the temperatures that can be used in reference.

An international team of experts have worked on a writing committee to draw up guidelines for a "screening thermograph", the necessary minimum performance required, and the optimal method for its deployment in a screening location. This also carries requirements for testing equipment, training and assessment of screening personnel, and maintenance of management record (1; 2).

The major requirement for image capture is for a close up image of the frontal face of a stationary subject using a radiometric calibrated infrared camera. A minimum of 9 pixels is required in the image over each inner canthus of the eyes.

**METHOD:** The authors set out to investigate this methodology in children attending the hospital clinic, and in whom clinical evidence of early fever, or its absence was established. Little if any evidence on the measurement of temperature in this way in children could be found in the literature. Traditional clinical thermometry at the axilla for a full 5 minutes was used, together with tympanic membrane radiometry at the ear of patients who were examined by close up thermography of the face. An SC640 (FLIR) camera was mounted on a parallax free vertical stand, and the patients were seated close to the camera so that the thermogram of the face occupied at least 75% of the image captured. The regions around the inner canthi were measured, and a second area over the forehead was also measured.

**RESULTS:** A total of 402 children were examined between 2006 and 2011 in 3 recording sessions each year spanning the autumn to late spring. Of this group 354 were free from fever, (85%) and 52 (15%) cases of definite untreated fever were identified. There were 192 males and 210 females from 1 year to 17 years of age.

In the control subjects the mean temperatures recorded from the inner canthi of the eyes was 36.48°C (SD 0.49) and the corresponding mean temperature from the axilla thermometry was 36.4°C (SD 0.59). This compared with the fever group, where the mean temperature from the inner canthi was 38.9° (SD 0.8) and the axilla thermometry was 38.9°C (SD 0.68).

Using the Pearson Correlation it was shown that the eye measurements by thermography and the thermometry measure-

ments from the axilla were the most highly correlated 0.51 non fever (P=0.0006) and in fever cases 0.59, (p=000). The forehead and ear measurements were poorly correlated with the axilla, especially in the fever cases.

**CONCLUSION:** This study is one of the first to be conducted according to the ISO standard recommendations, and does indicate that with careful technique and good thermal imaging equipment, it is possible to identify fever from a facial thermogram. Apart from fever screening, these data also suggest that the infrared technique can be used in a normal clinic. The inner canthi of the eyes are least affected by ambient temperature, according to preliminary studies, which merits further investigation, since controlled ambient conditions are less likely to be found in an airport screening booth.

## REFERENCES

1 ISO TC121/SC3-IEC SC62D particular requirements for the basic safety and essential performance of screening thermographs for human febrile temperature screening. 2008

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## THE EFFECT OF DRAFT ON THE TEMPERATURE PROFILE OF THE DISTAL FRONT LIMB OF THE HORSE

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**INTRODUCTION:** Thermography has been used as a diagnostic tool in veterinary medicine since years now. Particularly in the field of equine orthopaedics several studies have demonstrated that thermographic imaging is useful to detect inflammation. The reliability of thermographic images, however, has been described to be influenced by several external factors, such as sunlight and wind. Thus, many authors described that it is necessary to perform the thermographical examination in a draft free room. However, there are no studies that described the effect of draft on the temperature of the surface of horses.

In practice a draft free room is not always available. Therefore, the objective of this study was to quantify the effect of draft at different velocity on thermographically determined temperatures at the distal frontlimbs.

**MATERIAL AND METHOD:** The study was conducted at the Equine Clinic for Orthopaedics and Surgery, University of Veterinary Medicine Vienna, in June 2011. A total of 7 clinically healthy horses, free of lameness at a walk, were included in the study.

Thermographic imaging was performed with a portable infrared camera (Variocam, Infratec, Germany) equipped with an uncooled microbolometer focal plane array detector and a spectral range between 7.5µm to 14µm. The emissivity was adjusted at 1.00.

Before the start of thermographic imaging, horses were brought into the examination room and fixed in a stock. After an equilibration of 30 minutes three replicates (R) were performed. Before each replicate a first thermographically determined temperature of the lateral aspect of the distal frontlimbs was used as a baseline temperature. Each replicate consisted of 15 minutes with draft and 15 minutes free of draft. In R1 the right frontlimb was exposed to draft, produced by a commercially available wind machine, with a velocity of approximately 0.5 m/s, in R2 of 1.0 m/s, in R3 of 2.0 m/s. The draft velocity was determined by Testovent 4000 (Testoterm, Lenzkirch, Germany). During each replicate every minute a thermographic image was taken. Between the replicates there was a 10 minute break.



The images were analyzed with an analytical software (IRBIS, Infratec). Maximum surface temperature was calculated from a region of interest (ROI) which was build with a polygon of the lateral third metacarpal bone and fetlock joint.

**RESULTS:** The mean baseline temperature of all seven horses before R1 was 31.87°C; before R2 32.04°C and before R3 31.96°C. Compared to the baselines, temperature decreased during exposure to draft by 0.42°C, 1.06°C and 1.37°C at R1, R2, and R3. This decrease occurred immediately with the exposure to draft and increased directly after stopping the wind machine.

During the draft free periods in R1 and R2 the temperature increased, compared to the baselines, slightly by 0.18°C and 0.06°C, and decreased by 0.15°C at R3.

Interestingly, the thermographically determined temperature of the left frontlimb, that was protected to some extent from exposure to draft by the right frontlimb, was less affected and showed a decrease in temperature during R1 to R3 by a maximum of only 0.5°C.

**CONCLUSION:** Windy conditions affect the thermographically determined temperature at the forelimbs even with a low velocity of approximately 0.5 m/s. With increasing velocity, temperature decreased by more than 1°C. This effect occurs immediately after exposure to draft and is less pronounced in the legs that are not directly exposed to draft.

In veterinary practice it is important for practitioners to know that even a slight draft does affect the thermographically determined temperature of both frontlimbs, depending on the direction of the wind and velocity. False positive or negative findings of thermographical examination may result. Thus, for a correct diagnosis by thermography a draft free area is essential.

#### THERMAL DISTRIBUTION PATTERNS OF THE SKIN SURFACE OF THE HEAD IN BALD-HEADED MALE SUBJECTS MEASURED BY DYNAMIC INFRARED THERMOGRAPHY (DIRT).

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Our knowledge concerning thermal distribution patterns of the face are well established. However, as far as we are aware, the thermal distribution patterns of the skin surface of other aspects of the head has only been investigated once previously in a study employing low resolution thermographic equipment (van Dulken & Heerma van Voss, 1970). The aim of this study was to re-examine the thermal distribution pattern of the skin surface of the entire head using a high definition infrared (IR) thermographic camera. In recruiting our experimental subjects we have taken advantage of a present fashion trend in modern Western society where people voluntarily have totally shaven heads despite the fact that they are not naturally bald. Twelve healthy male subjects, mean age 39 years, participated in the study. To monitor the thermal distribution patterns of the skin surface we employed dynamic infrared thermography (DIRT) using a Flir S65HS IR camera. The DIRT procedure involved taking thermal images (thermograms) before, during and after a two-minute local cooling of the skin using fans. Thermograms were taken of different aspects of the head (superior, anterior, lateral and posterior). To achieve homogenous skin cooling the subjects were rotated on a special stool during the cooling procedure. As expected the overall thermal patterns matched the vascular anatomy of the main underlying blood vessels which was also seen in the earlier study

by van Dulken & Heerma van Voss. The thermal patterns in the left and right lateral thermograms for each individual were quite symmetrical, with helix, auricular lobule of the auricles and the nose being the coldest areas. The frontal thermograms were characterized by a clear warm area surrounding the eyes, especially around the inner canthus as well as cool nasal and cheek areas. In general, the thermal patterns seen in the other examined aspects of the head followed the anatomical location of the main superficial arteries and veins of the head, although there both intra- and inter-individual variations. The forehead and superior aspect (top of head) showed the largest variations in thermal patterns ranging from an asymmetrical distribution pattern to a lack of a clear thermal pattern.

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#### APPLICATION OF THERMOGRAPHY AS INJURY PREVENTION METHOD IN SPORTS

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Infrared thermography has been considered as a valid and non-invasive diagnostic method (Barnes, 1967) of different pathologies (Gargiola & Giani, 1990; Ammer & Ring, 1995). Modern equipments make possible more accurate and objective recording of the body surface with a single picture.

Body temperature of 23 professional players of the C.D. Toledo S.A.D. (Age= 24,9; SD=  $\pm$  3,5) were during 24 days of its 2-months preseason period. Two thermographic pictures for each player (frontal and dorsal, of the trunk and lower limbs) were taken with a ThermaCAM TM SC640 (FLIR SYSTEMS, Portland) before starting the training season. Average temperatures of the main muscular groups were calculated from the pictures by the software "ThermaCAM Reporter". In addition, the level of nuisance of those areas was assessed every day by the player from 1 (no pain) to 10 (injured). Temperatures were compared with the declared level of nuisance considering three groups (1 = No pain; 2 - 3 = Low pain; > 4 = High pain).

ANOVA results point out a direct relationship between the declared level of nuisance of the area and its temperature both in ankles (F[AR] = 9.20;  $p < 0.05$  and F[AL] = 3.99;  $p < 0.05$ ) and knees (F[PKR] = 5.34;  $p < 0.05$  and F[PKL] = 9.14;  $p < 0.05$ ). There were also found significant differences for temperatures ( $\sim$  0.5 degrees) between the painful and non-painful limb on the knee (F[AK] = 14.36;  $p < 0.05$ ) and hamstring (F[H] = 3.09;  $p < 0.05$ ) results. None serious injury has been produced among the players during the 2-months of the study.

We concluded that infrared thermography is a valid, fast and convenient method of preventing soccer injuries. We suggest that this technique could also be applied to monitor and diagnose injuries and to quantify training loads in sports.

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Garagiola U, Giani E. Use of telethermography in the management of sports injuries. *Sports Medicine*. 1990; 10(4): 267-272

## THERMOGRAPHIC AND SONOGRAPHIC EXAMINATION OF PAINFUL KNEES IN YOUNG ATHLETES

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The knee, an intermedial joint in kinematic chain of lower extremity, is a very stressed anatomical region from the mechanic, thermic and vascular point of view. Pain of knee is one of the most frequent complaints in young athletes visiting a medical doctor. With regard to the frequency of the knee pain which has tendency to aggravate with duration of symptoms it is important to provide the clinician with precise information required for decision of adequate treatment.

The authors have researched the thermographic examination of the locomotor system in experimental setting and also in clinical practice for 25 years. During this time they have recorded and analysed about 30 000 thermograms from different localisation of locomotor system. Out of this number approximately 5000 thermograms are thermal images of the knee in all views.

As a result of these analyses, temperature patterns has been identified for overloading the knee in different sports, knee disorders or injuries.

This study reports the results of combined examinations with thermography and musculoskeletal ultrasound imaging in painful knees of young athletes.

We describe differences in images of so called "growth knee pain" compared to juvenile rheumatoid arthritis, patellofemoral chondropathy, aseptic osteonecrosis, malformation of tibia and fibula due to tumour. Injuries such as distorsion of the knee, rupture of ligaments, bursae and cysts, villonodular synovial hypertrophy, enthesopathies caused by overweight, all may affect the thermal image of a painful knee due to modification of sympathetic efferences induced by nociception.

Combining thermographic and musculoskeletal ultrasound examination helps in localisation of pain origin, establish information on the type of pain, differentiate single pain syndroms according to the thermal images, assist in differentiation of the structural damage and can quantify the structural damage.

This technique offers quick diagnosis and assists early decision about an adequate treatment and rehabilitation.

## APPLICATION OF AN INJURY PREVENTION PROTOCOL BASED ON INFRARED THERMOGRAPHY IN PROFESSIONAL SOCCER PLAYERS DURING PRE-SEASON.

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In the field of professional soccer, injuries involve, in addition to the difficult process of rehabilitation for the player, a reduced athletic performance and a great economic cost to the team (Woods et al., 2002). This study implements an injury prevention protocol based on infrared thermography into a group of Spanish first division soccer players during the pre-season, which is the period of a highest injury incidence.

Thirty-five subjects of a Spanish professional soccer team participated during the 2008 and 2009 pre-seasons. The injuries of the team were recorded during both pre-seasons by means of the questionnaire REINLE (Noya Salces et al., 2008).

Two thermographic pictures from each player (frontal and dorsal, of the trunk and lower limbs) were taken with a ThermoCAM™

SC640 (FLIR SYSTEMS, Portland) every morning before starting the training season. Average temperatures of the main muscular groups were calculated from the pictures by the software "ThermaCAM Reporter" and data were reported to the members of the medical and technical team. It was carried out a specific protocol on injury prevention, in which the technical and medical team supported their work on temperatures reports of the different body areas of each single player.

Results of this study show a significant reduction on days of absence of work dues to injuries of the team players, and a significant reduction in the probability of a player injury between both pre-seasons. Injury rate was decreased from 2008 to 2009 pre-season from 10,36 to 4,02 injuries per 1000 hours of exposition. If our results are compared with those of Walden et al. (2005), they represent an important reduction of the pre-season injury rate (8,2 injuries per 1000 hours of exposition.)

We conclude that, according to our data, a daily thermal report could be an important tool for the medical and technical team in order to prevent injuries caused by the soccer practice.

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## EVALUATION OF VARIOUS MASSAGE TECHNIQUES BY THERMOGRAPHY

Kurt Ammer

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**INTRODUCTION:** Thermal imaging was used in the past for investigation the effects of massage. A recent paper from England found different effects of massage techniques which are deployed to the subcutaneous or the myofascial tissue (1).

**OBJECTIVE :** Do superficial and deep massage techniques differ in resulting changes of skin temperature of the forearm?

**METHOD:** In a pilot study, 1 subject with latent myofascial trigger points of the long extensor carpi muscle received 4 different massage treatments, a control intervention or no treatment. After acclimatisation with bare forearms to a room temperature of 23±1°C for 20 minutes a thermal image of the forearm in a lateral view was recorded and at an interval of 5 minutes a total of eight other images were taken in the trial without treatment. Each treatment lasted approximately 10 minutes and immediately after the treatment a thermal image and at an interval of 5 minutes 8 other images were recorded.

Ischaemic myofascial trigger point compression in combination with soft tissue mobilisation and stretching of the affected extensor muscle was one treatment. Connective tissue massage and lymphatic drainage in the region of the lateral forearm were two other massage techniques. Classical "Swedish massage" was the third technique investigated. Touching the area over the latent trigger point with two fingers, but avoiding any manipulation of the underlying tissue served as control intervention

**RESULTS:** An increase of temperature in the treatment area became visible after trigger point treatment, which returned to baseline readings within 30 minutes (figure 1). A slight temperature elevation was observed after connective tissue massage which resolved within 10 minutes after end of the therapy (figure 2). No difference in temperature were seen between touching the

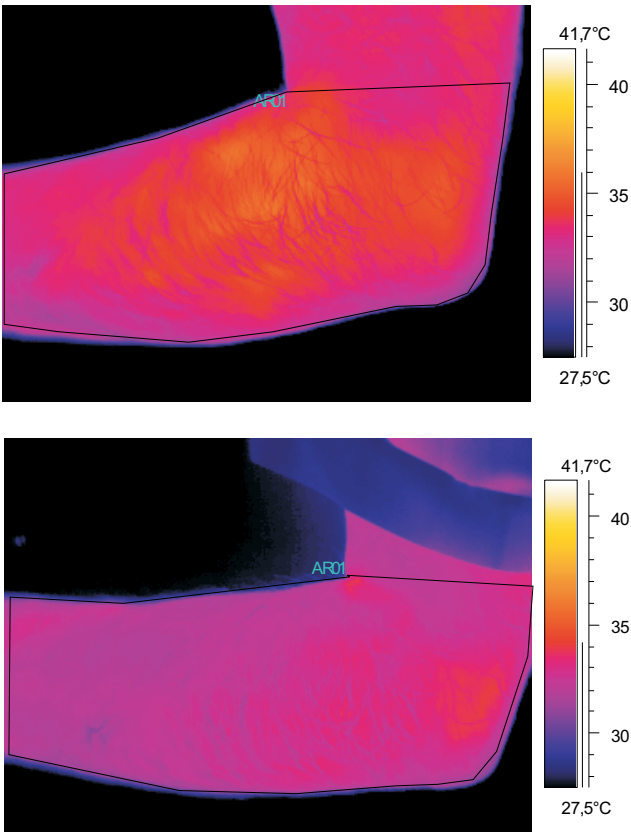


Figure 1  
Forearm immediately and 30 minutes after trigger point treatment

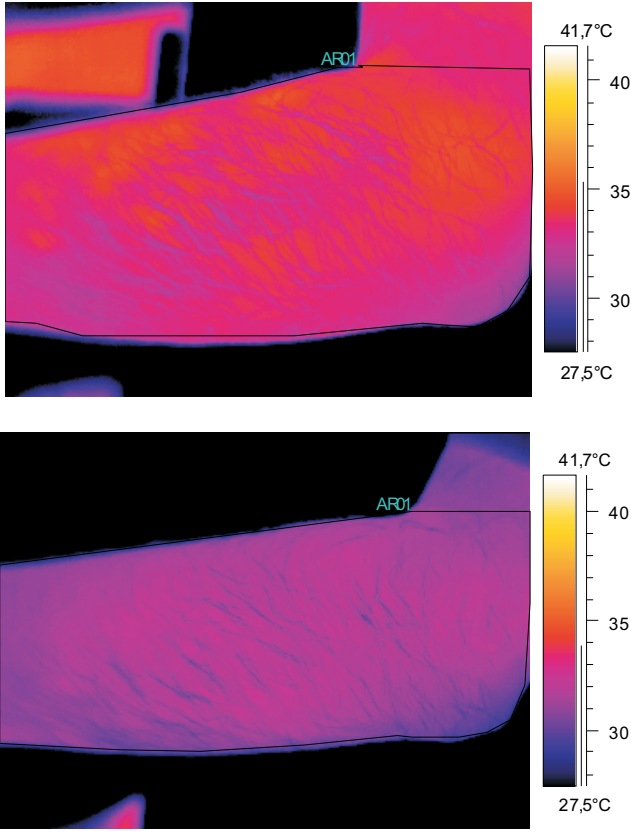


Figure 2  
Forearm immediately and 30 minutes after the connective tissue massage

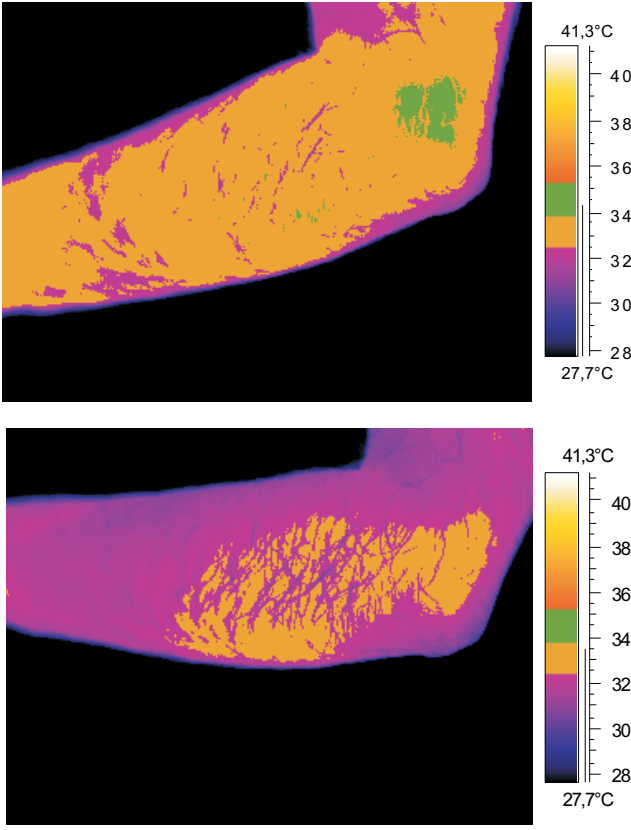


Figure 3  
Forearm immediately and 30 minutes after the control intervention (touching) the trigger point area. The two top isotherms are marked in green and yellow

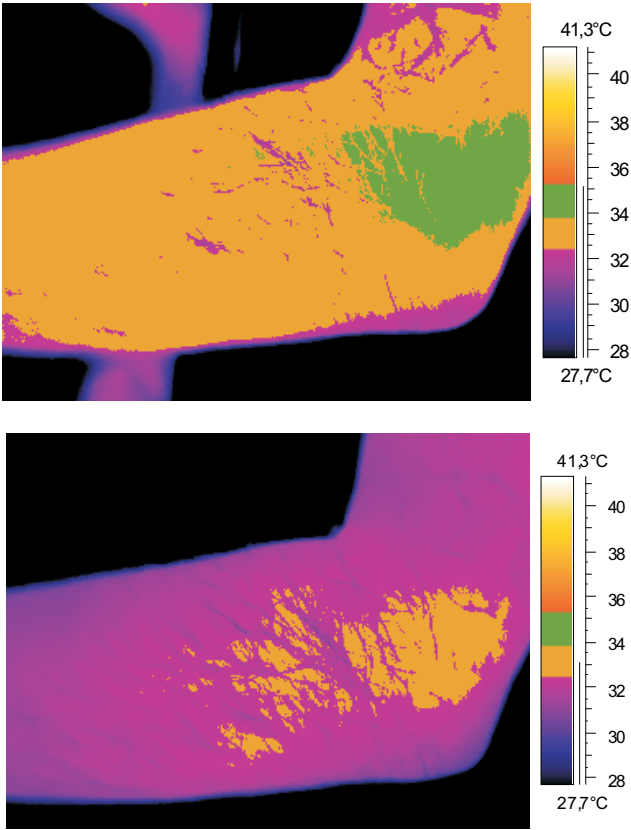


Figure 4  
Forearm immediately and 30 minutes after lymphatic drainage The two top isotherms are marked in green and yellow

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Table 1

Mean, minimum and maximum temperature of the forearm without treatment and after connective tissue massage

	temperature	At start	After 5	After 10	After 15	After 20	After 25	after30
Without treatment	Mean $\pm$ SD	32.8 $\pm$ 0,8	32.9 $\pm$ 0.7	32.3 $\pm$ 0.6	31.8 $\pm$ 0.6	31.9 $\pm$ 0.6	31.7 $\pm$ 0.6	31.9 $\pm$ 0.6
	maximum	34.4	34.1	33.8	33.2	33.1	33.1	33.1
	Mean $\pm$ SD	32.4 $\pm$ 0.7	32.3 $\pm$ 0.6	31.9 $\pm$ 0.6	32.0 $\pm$ 0.6	31.8 $\pm$ 0.5	31.8 $\pm$ 0.6	31.9 $\pm$ 0.6
	maximum	33.7	33.6	33.1	33.1	32.9	32.9	32.9
Control (touching)	Mean	33.0 $\pm$ 0.7	32.8 $\pm$ 0.6	32.5 $\pm$ 0.6	32.9 $\pm$ 0.7	33.0 $\pm$ 0.6	32.4 $\pm$ 0.8	32.2 $\pm$ 0.5
	maximum	34.4	34.0	33.7	34.2	34.2	33.9	33.5

kin (figure 3) and lymphatic drainage (figure 4). Table 1 shows mean and maximum temperature of the forearm after the control treatment and without treatment.

**CONCLUSION:** Mechanical stimulation of deep tissue layers of the forearm result in more heat dissipation from the skin than soft strokes over superficial tissue layers.

#### REFERENCES:

1. Holey LA, , Dixon J, Selfe J. An Exploratory Thermographic Investigation of the Effects of Connective Tissue Massage on Autonomic Function. Journal of Manipulative and Physiological Therapeutics 2011, 34(7) 457-462



# International Consensus and Guidelines on Medical Thermography 2011 (ICGMT 2011)

## 2<sup>nd</sup> International Work Group for Medical Thermography Meeting (IWGMT 2011)

Iguassu Falls, Paraná (Brazil) – November, 23<sup>th</sup> – 25<sup>th</sup>, 2011

### **IWGMT HONORARY PRESIDENT**

Prof. Edward Francis John Ring

### **ICGMT HONORARY PRESIDENT**

Prof Dr Manoel Jacobsen Teixeira

### **ICGWT/IWGMT PRESIDENT**

Prof Dr Marcos Leal Brioschi

### **Scientific Committee**

*Antonio Claudio Duarte*

*Luciane Fachin Balbinot*

*Joaci Araujo*

*Giovanna Abreu Franco*

*Roberta Miranda Soares*

*Edmar Santos*

*Prof. James Mercer*

*Timothy D. Conwell*

### **Local Committee**

*Giovanna Abreu Franco*

*Luciane Fachin Balbinot*

*Edmar Santos*

## **PROGRAMME**

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### **Wednesday, November 23th**

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8-12h

- **FEVER / METABOLISM SECTION**
- **PAIN CLINIC SECTION**
- Thermoguided acupuncture 'How I Do It' (practice)
- Thermoguided mesotherapy 'How I Do It' (practice)

13:30-18h

- **BREAST CANCER / ONCOLOGY SECTION**
- **VASCULAR SECTION**
- Endothelial dysfunction (braquial test) 'How I Do It' (practice)

20h Special welcome dinner

### **Thursday, November 24th**

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8-12h

- **NEUROSURGERY SECTION**
- **PAIN CLINIC SECTION**
- Thermoguided physiotherapy 'How I Do It' (practice)

13:30-15:30h

- **LEGAL MEDICINE / EXPERT SECTION**
- Thermoguided expert legal exam 'How I Do It' (practice)



15:30-18h

**OFFICIAL CONSENSUS 2011 CEREMONY, SOBRATERM AND IWGMT,**  
Thermology and thermography medical speciality

**Magna's Conference:** The Development of Quantitative Medical Thermography from Analogue to Digital –  
Prof Francis Ring (UK)

1. Associação Brasileira de Medicina Legal – ANTÔNIO BATISTA DE QUEIROZ
2. Associação Brasileira de Medicina Legal – FRANCISCO MORAES SILVA
3. Sociedade de Perícias Médicas – JARBAS SIMAS
4. Sociedade Brasileira para Estudo da Dor – LIN TCHIA YENG
5. Hospital de Clínicas da Faculdade de Medicina da USP – MANOEL JACOBSEN TEIXEIRA
6. Sociedade Brasileira de Termologia – MARCOS BRIOSCHI

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**Friday, November 25th**

8-12h

- **DERMATOLOGY / ENDOCRINOLOGY SECTION**
- **VASCULAR SECTION**
- CRPS thermographic evaluation 'How I Do It' (practice)

13:30-18h

- **PAIN CLINIC SECTION**
- **AWARD SECTION**

\* everyday from 12:00 to 13:30h will have thermography workshop at the sponsors stands and posters presentations.

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**Saturday, November 26th**

Tour schedule – Bird Park / Iguassu Falls / Itaipu Binacional Generator

**# FEVER / METABOLISM**

1. Measurement and evaluation of body temperature: Implications for clinical practice –Martha Sund-Levander (SWE)
2. New standards for infrared thermal imaging and applications for fever detection - Francis Ring (UK)
3. Time for a change when assessing and evaluating body temperature in clinical practice – Martha Sund-Levander (SWE)
4. Experiences with thermography in a clinical setting - James Mercer (NOR)
5. Direct calorimetry by infrared thermography – Antonio Cláudio Goulart Duarte (BRA)

**# PAIN & REHABILITATION (1)**

1. The utilization of functional infrared imaging (fIR) in evaluating patients with presumptive complex regional pain syndrome (CRPS) - Timothy Conwell (USA)
2. CRPS diagnosis & Interventional pain management with Infrared Imaging – Kamayni Agarwal(GER)
3. Sao Paulo University Hospital thermography protocol for headache– Juliana Badaró (BRA)
4. Fibromyalgia: Evaluation by thermology – Kátia Nakamura (BRA)
5. Kinesilogic thermoguided evaluation by analytical myomodulation – Rose Miranda (BRA)

**# PAIN & REHABILITATION (2)**

1. Thermographic imaging of effects during acupuncture – Kamayni Agarwal (GER)
2. Acupuntura termoguiada – Marcos Leal Brioschi (BRA)
3. Thermographic and clinical correlation of myofascial trigger points in the masticatory muscles – Denise Sabbagh Haddad (BRA)

4. The infrared (IR) in tissue repair process and its radiator biomaterials applied in dentistry - Francisco José Correa Braga (BRA)
5. A single-center, prospective, controlled, double blind and randomized study for evaluation of the efficacy and safety of Invel® active glove with Invel® technology -Joaci Araujo (BRA)
6. A controlled, double blind and randomized study for evaluation of the efficacy and safety of Invel® active shirt with Invel® technology - Joaci Araujo (BRA)
7. Sao Paulo University Hospital thermography protocol for facet syndrome - Mônica Yasmin Pinto (BRA)
8. Mesoterapia termoguiada – Luciane Balbinot (BRA)
9. Application of infrared thermography in studies of acupuncture-moxibustion and meridians-Dong Zhang (CHI)

## # BREAST / ONCOLOGY

1. Aromatização e tumor de mama (fenômenos vasculares) - Henry Okigami (BRA)
2. Avaliação termográfica da radioterapia de tumores de mama – Railda Shesea Taveira Rocha Do Nascimento (BRA)
3. Digital infrared thermal imaging (DITI) for breast screening - Kenneth Taylor (EL SALVADOR)
4. Câncer de mama e próstata na visão da medicina regenerativa – Paul Ling Tai (USA)
5. Thermographic examination for breast diseases – Hisashi Usuki (JAP)
6. 2011 Update on Breast IR Protocol – William Cockburn (USA)
7. Rastreamento termográfico de risco de câncer de mama - projeto Brasil - Marcos Leal Brioschi (BRA)
8. Sao Paulo University Hospital thermography protocol for breast cancer – Giovanna Franco (BRA)

## # VASCULAR (1)

1. Thermography and colour duplex ultrasound assessments of arterio-venous fistula function in renal patients – John Allen (UK)
2. Early detection of diabetic foot ulcerations – Manish Bharara (USA)
3. Sao Paulo University Hospital thermography protocol for varices – Roberta Miranda Soares (BRA)
4. Sao Paulo University Hospital thermography protocol for diabetic neuropathy – Luciane Fachin Balbinot (BRA)

## # VASCULAR (2)

1. Development of a clinical vascular optics measurement facility – John Allen (UK)
2. Can dynamic infrared thermography (DIRT) be useful in free perforator flap surgery? - James Mercer (NOR)
3. Functional infrared imaging in the diagnosis of Raynaud's Phenomenon & Advanced modelling – Archangelo Merla (ITA)
4. Systemic inflammation/local inflammatory activity, elevated plaque temperature (thermography) – Konstantinos Toutouzias (GRE)
5. Monitoring Renal Dialysis Patients by Hand Thermography - Francis Ring (UK)
6. Sao Paulo University Hospital thermography protocol for endothelial dysfunction – Edmar Santos (BRA)

## # NEUROSURGERY

1. Organização e implantação de um serviço de dor: constituição da equipe e recursos materiais – Manoel Jacobsen Teixeira (BRA)
2. Dor e fenômenos vasculares – Manoel Jacobsen Teixeira (BRA)
3. Usefulness of thermography in evaluation of patients with FBSS following radiofrequency dorsal root ganglion lesioning – Jung Yul Park (KOR)
4. Role of intraoperative infrared thermography for prediction of successful percutaneous radiofrequency sympathectomy for palmar hyperhidrosis – Jung Yul Park (KOR)
5. Thematomal Alteration in Cervical Disc Hernia/ Herniation C5,C6: Case Report and Literature Review – Kátia Nakamura (BRA)

## # LEGAL MEDICINE / EXPERT

1. Thermal infrared imaging in neuropsychophysiology: new approaches and possibilities – Archangelo Merla (ITA)
2. Termografia pericial sistêmica preditiva - Francisco Moraes Silva (BRA)
3. Departamento de termografia pericial da ABML – Marcos Leal Brioschi (BRA)
4. Termografia pericial – Daniel Colman (BRA)
5. Thermal symmetry of the limbs in healthy subjects – Ricardo Vardasca (POR)
6. Atlas of diagnostic thermography: full body positioning - Viviane Oliveira (BRA)
7. Atlas of diagnostic thermography: anatomic correlation - Gladis Reisemberger (BRA)
8. The usage of medical thermography as a complementary examination for occupational conditions affecting the upper limbs – Ricardo Vardasca (POR)
9. Work-Related Musculoskeletal Disorders – Lin Tchia Yeng (BRA)
10. Experiência do uso da toxina botulínica no tratamento da dor miofascial – Lin Tchia Yeng (BRA)

## # DERMATOLOGY / ENDOCRINOLOGY

1. Thermographic evaluation of patch tests: the two patterns – Luigi Laino (ITA)
2. Epidermal skin precancerous and cancer lesions and video-thermography: the hypothesis of skin field cancerization – Luigi Laino (ITA)
3. Telethermography assisted by “Thermal stimulation” method – Aldo Di Carlo (ITA)
4. An exploratory look at the thermal characteristics of the eyes in patients with thyroid eye disease – John Allen (UK)
5. Thermography, food allergy, fibromyalgia and Enviromental Medicine -Gilberto De Paula (BRA)

## # POSTERS

1. Evaluation of three thermal imagers for skin temperature measurement using the Land P80P blackbody source and a spatial resolution test object - John Allen (UK)
2. Correlations between quantitative sensory test and infrared thermography in low back pain patients - Joaci Araujo (BRA)
3. Use of thermal imaging in the diagnosis of repetitive strain injury - Daniela Akemi Itakura (BRA)
4. Application of infrared imaging technology in pressure ulcers - Daniela Akemi Itakura (BRA)
5. Protocolo de termografia HCFMUSP: Sacroileíte – Adolfo Marcondes Amaral Neto (BRA)
6. Protocolo de termografia HCFMUSP: Síndrome Complexa de Dor Regional (cold stress tes) – Fabio Prieto (BRA)
7. Protocolo de termografia HCFMUSP: Alergia alimentar (teste provocativo) – Geraldo Henrique Mascarenhas Da Silva (BRA)
8. Protocolo de termografia HCFMUSP: Distúrbio do sono – Joaquim Ricardo Cangue (BRA)
9. Protocolo de termografia HCFMUSP: Síndrome do túnel do carpo – Paulo Alves De Freitas (BRA)
10. Protocolo de termografia HCFMUSP: Tireóide – Tânia Maria Möller Bastos (BRA)
11. Protocolo de termografia HCFMUSP: Síndrome fibromiálgica – Tatiana Tourinho (BRA)
12. Protocolo de termografia HCFMUSP: Risco AVC (carótidas) – Gerson Araújo Lima (BRA)
13. Protocolo de termografia HCFMUSP: Insuficiência arterial periférica de MMII – José Haddad júnior (BRA)
14. Protocolo de termografia HCFMUSP: Mamas – Mauricio Zylbergeld (BRA)
15. Protocolo de termografia HCFMUSP: Pubalgia – Mônica Lourdes Andrade Lima (BRA)
16. Protocolo de termografia HCFMUSP: Tendinites de membros superiores – Roberto Menezes Bezerra Dias (BRA)
17. Protocolo de termografia HCFMUSP: Joelhos – Wellington Luis Fagundes Braun (BRA)
18. Protocolo de termografia HCFMUSP: Gordura marrom – Antonio Alfonso Pacileo Cruz (BRA)

## Abstracts

### FEVER / METABOLISM

#### TIME FOR A CHANGE WHEN ASSESSING AND EVALUATING BODY TEMPERATURE IN CLINICAL PRACTICE

Martha Sund-Levander. RNT, ICN, PhD

Coordinator of Research and Development, Hoegland Hospital, County of Jonkoping, Sweden

Evaluation of body temperature is one of the oldest known diagnostic methods and still is an important sign of health and disease, both in everyday life and in medical care. In clinical practice, assessment and evaluation of body temperature has great impact on decisions in nursing care as well as medical diagnosis, treatment and the laboratory test ordered.

The definition of normal body temperature as 37° C and fever as > 38° C still is considered the norm world- wide, but in practice there is a widespread confusion of the evaluation of body temperature. In addition, tradition and culture seems to have a great impact on what is considered fever and necessary actions. When assessing body temperature, we have to consider several "errors", such as the influence of normal thermoregulation, gender, ageing and site of measurement. Actually, there is a lack of evidence for normal body temperature as 37°C, due to inter- and intra individual variability. In addition, as normal body temperature shows individual variations, it is reasonable that the same should hold true for the febrile range. By tradition, the oral and axillary readings are adjusted to the rectal temperature by adding 0.3°C and 0.5°C, respectively. However, there is no evidence for adjusting one site to another, i.e. no factor does exist which allows accurate conversion of temperatures recorded at one site to estimate the temperature at another site.

Morbidity and mortality in infectious diseases, and difficulty to discover signs and symptoms of ongoing infection early on in multi-diseased elderly is a well known problem in clinical practice. As there is a lack of specific symptoms in the presentation of infection in this group, the presence of fever becomes most important. However, as normal (baseline) body temperature in frail elderly maybe low, the degree of fever also may be below 38°C.

Taken together, it is time for a change when assessing and evaluating body temperature in clinical practice.

#### DIRECT CALORIMETRY BY INFRARED THERMOGRAPHY

Antonio Cláudio Goulart Duarte<sup>1,2</sup>, Marcos Brioschi<sup>2</sup>, Manoel Jacobsen Teixeira<sup>2</sup>

1. Doctor, Nutrologist, Professor at Medicine Faculty of Rio de Janeiro Federal University,

2. Clinical Thermology and Thermography Pos Graduate Specialty - Hospital das Clínicas - School of Medicine - University of São Paulo

**INTRODUCTION:** Every human metabolic process depends essentially on oxygen utilization for heat production. Cutaneous emitted infrared energy is the most important one. Direct and indirect evaluation between the relationship of energy intake (absorption) from food consumption and energy loss (emission) confirm the energy conservation law and establish calorimetry value. They have equivalent final results but are laborious, expensive and not practical, so evaluation of direct calorimetry by cutaneous emitted infrared thermography may be less expensive, accurate, and practical. This one checks the value and distribution of body temperature, which are under neuronal vegetative

nervous system control, becoming a no invasive, painless, easy and cheap method contributing for better metabolic diagnosis and therapeutic.

**OBJECTIVE:** Evaluation of direct calorimetry using cutaneous emitted infrared energy thermography in adults.

**METHOD:** Before the exam: a) Fast for 10-12 hours; b) No smoking, alcohol, coffee, tea, or mate; c) no tight clothes, elastic stocking, rings, jewels, or other objects; d) take a shower avoiding warm water in the last 2 hours; e) no products over the skin (lotions, creams, pastes, deodorants, adhesive medications); f) use the same dietary plan the day before the exam; g) not avoid eating carbohydrates for more than 48 hours prior to the exam; h) vital medicines like: steroids, sympathetic blockers, vasodilatation drugs, morphine and analogous, transdermics medications must be used and informed, but if it is possible it can be discontinued for 8-16 hours; i) avoid intensive physical exercises for 24 hours; j) in case of fever or infection in the last two days or significant emotional stress in the day before the exam or hypoglycemia during fast period or if the patient could not follow all the instructions, the exam will be cancelled; k) not be submitted to any kind of muscle and bone manipulations as acupuncture, physiotherapy or electrical diagnoses exams in the last 12 hours; l) at the end of the exam fill the form with the patient data: weight, size (to calculate body mass index and body surface), circumferences of arm, abdomen, waist, wrist and hip and measure of biceps, triceps, subscapular and supra-iliac skin folds.

It is painless, quick (no more than 15 minutes), made in an acclimatized room at 23oC, without any ultraviolet exposure, wearing a comfortable gown covering all the body parts that are not relevant, standing, in front and back positions, without any physical contact to objects or persons, in a resting position for at least 20 minutes inclusive for acclimatization, using an appropriate thermographic camera.

**CONCLUSION:** The average temperature of the patient and his emitted radiation may be evaluated. Using adequate formula the value of the radiated energy in Watts is converted in Kilo-calories/hour and finally Kilocalories/day.

#### EXPERIENCES WITH THERMOGRAPHY IN A CLINICAL SETTING

J.B.Mercer, <sup>a,b</sup>, L. de Weerd.<sup>c</sup>

a Cardiovascular Research Group, Faculty of Health Sciences, University of Tromsø, 9036 Tromsø, Norway;

b Department of Radiology and c Department of Plastic and Hand Surgery, University Hospital North Norway

At the University Hospital of North Norway we have the only specialised laboratory for clinical and experimental medical thermography in Norway. The laboratory is run in collaboration with the Faculty of Health Sciences, University of Tromsø. We have experience in thermographic imaging for over 10 years and have collaborated with many different Departments within the Hospital. One of our main interest areas is related to the use of this technology in plastic and reconstructive surgery. Our imaging software has been adapted to the hospitals picture archive and communication system (PACS). Our experimental studies have been extensively published (ca 20 publications, including 3 book chapters, during the last 5 years). Examples of our publications include the general understanding of thermal signals<sup>1</sup>, as well as the use of DIRT in orthopaedics (tendinitis)<sup>2</sup>, in plastic surgery<sup>3,4</sup>, and in isolated perfused human abdominal skin flaps<sup>5</sup>. Our research has also resulted in the production of 2



PHD's and several MSC's with medical thermography as their main theme. In this talk examples of the use of thermography in a wide range of clinical settings will be presented, ranging from plastic surgery, orthopaedics, heart surgery, anaesthesiology to breast cancer.

#### REFERENCES:

1. Pascoe D, Mercer JB, De Weerd, L. The Biomedical Engineering Handbook, 3rd. edition; Medical Devices and Systems, CRC press; Taylor and Francis. New York, 2006, chapter 21; pp 1-20.
2. Meknas K., Miland Å.O., Mercer JB., Castillejo M, Johansen O. The American Journal of Sports Medicine, 2008, 36:1960-1965.

3. De Weerd L., Mercer J, Weum, S. Dynamic Infrared Thermography. In: Clinics in Plastic Surgery; Toolbox for Autologous Breast Reconstruction. (ed. Maurice Y. Nahabedian), 2011, 38,277-292.
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## PAIN AND REHABILITATION

### CORRELATIONS BETWEEN QUANTITATIVE SENSORY TEST AND INFRARED THERMOGRAPHY IN LOW BACK PAIN PATIENTS - A PILOT STUDY.

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<sup>1</sup> - Pain Center Departament of Neurology, Hospital das Clínicas-School of Medicine-University of São Paulo

<sup>2</sup> - Cancer Institute of the State of São Paulo Otavio Frias de Oliveira, São Paulo, Brazil

**BACKGROUND:** Infrared Thermography (IT) has been proposed as a potential tool to assess musculoskeletal pain. However, there is a paucity of studies evaluating the correlations between low back pain, trigger points (TrP) and thermogram data.

**METHODS:** Thirty patients with primary low back pain (average pain VAS > 30mm) and active TrP were included. They filled out the first part of the Brief Pain Inventory and underwent low back IT and mechanical quantitative sensory testing (mechanical detection, pain and supra-threshold-MDT, MPT, MSupra) of four points marked on the skin: the most intense pain location (MIPL) as pointed by the patient, its mirror area in the contralateral side (MIPL-mirr); the skin area over the main active trigger point (MATP) and its mirror area (MATP-mirr). MIPL was central (MIPLA-C) when located + / - 1 cm from the midline and lateralized (MIPL-L) when > 1 cm. IT: Patients were evaluated unclothed, two meters away from the camera in a 22° C room (A320, FLIR, USA)

**RESULTS:** Twenty-eight patients were included (47 years, 22 female; VAS = 51 mm). MIPL-L was lower than the MIPL-C [40.0 (12-93) vs. 69.2 (34-90); p = 0.009]. MSupra in MIPL-C was more intense than in MIPL-L (81.6 ± 15 vs. 66.0 ± 20.1; p = 0.049). The difference between MIPL and MIPL-mirr MSupra scores correlated to the IwVAS score (rho=0.51). MIPL and MATP X and Y coordinates showed high correlation (rho=0.76 and 0.50). Temperature on MIPL and MTPL correlated (rho=0.83).

**CONCLUSIONS:** Centrally located pain was more intense and presented higher mechanical hyperalgesia than lateralized pain. The area of maximal pain was spatially close and presented similar temperature as the area over the MATP.

### SAO PAULO UNIVERSITY HOSPITAL PROTOCOL FOR PUBALGIA.

Mônica Lourdes de Andrade Lima, Marcos Brioschi, Manoel Jacobsen Teixeira.

Clinical Thermology and Thermography Pos Graduate Specialty - Hospital das Clínicas - School of Medicine - University of São Paulo

The mechanical pain in the groin area represents an important and often confusing clinical dilemma. This is especially true in the osteitis pubis, an inflammatory condition affecting the pubic symphysis.

The osteitis pubis (pubalgia) is a syndrome characterized by inflammation of the pubic symphysis and pain at tendons of the adductor muscles of the thigh.

The first citation in the literature was made by Beer (1924) as a result of a complication of urologic surgery. Currently, although relatively benign, has been recognized as a potential source of pain in athletes and have high morbidity, razing careers at the peak of their performance or on the rise.

The infrared image has been used more since 1990 in a range of diseases. It is a non-invasive diagnostic method, non-ionizing radiative, easy to perform. It gives rapid response, able to quantify objectively by image, the inflammatory reactions of the musculoskeletal system. It plays an important role in monitoring the inflammatory activity and therapeutic assessment.

Thermographic examinations can be performed in patients with symptoms of pubalgia, which were properly acclimated in accordance with standard protocols.

Patients with pubalgia complain of dull pain, nonspecific bilateral pelvic throughout the region of the symphysis pubis, lower abdomen, groin and buttocks and thighs at the root of the musculo-tendinous insertions and occasionally concomitant stiffness. This pain is aggravated with the same efforts and relief with rest.

The causes of pubalgia may be of infectious origin or may not, for example:

- Enthesopathy of the proximal attachment of the middle adductor;
- Loss of strength of the abdominal wall or inguinal channel;
- Changes in the morphology of the hip joint;
- Fatigue fracture of ischiopubic ramus and femoral groin;
- Groin tumour
- Inguinal or crural herniations
- Endometriosis

The clinical diagnosis can be evaluated with Records maneuver (2000). This maneuver studies the instability of the pubic symphysis through the imbalance of the adductor muscles and rectus abdominis. The test is done with the patient in supine position, with an extension of the limbs, and the other extremity in abduction and external rotation of the hip and knee flexion of about 70°. The examiner with one hand abduction strength by asking the patient repeated bending of the abdomen. The maneuver is considered positive when the patient is unable to complete the movement because of pain in both groin and pubic area.

For imaging diagnostic, it can be utilized abdominal X-ray, CT and MRI of the pubic symphysis. Plain radiographs are routinely requested for evaluation of bone degeneration, bone cysts and bone tearing. The CT scan evaluates the location of degenera-



tion, loose bodies, and the MRI identifies osteonecrosis of the pubic symphysis in sedentary or in the case of an inguinal hernia suspicion.

The IR thermography will be held without prior 12 hours of manipulation of the patient (physical therapy, acupuncture, massage etc). In the case of female patients it is better to avoid the menstrual period for not to interfere with the thermovascular pattern. It is necessary to communicate the patient about the procedure and provide informed consent that should be signed by him. It must also get a brief history of the disease and record tests performed before as well as examination of the skin (varicose veins, skin folds, wounds, bruises, tumors etc).

The examination must be conducted in 23°C room temperature and the patient should be acclimatized naked for 15 minutes without touching, rubbing or pressure the skin.

For positioning, it is necessary the patient stay standing up and record whole-body imaging (front and back), anterior, posterior and lateral pelvic region and after in the gynecological decubitus for pelvic region images (anteroposterior, posteroanterior, right and left anterior oblique, lateral internal and external sites).

The thermal images are saved in separate folders named for each patient. The thermograms should be carefully examined objectively in a few specific colour palettes. It should be measured maximum, minimum and the median temperature in the region of interest (ROI), mean temperature distribution (thermographic index - TI) and average density of the temperature distribution in the ROI (histogram).

The achievement of qualitative and quantitative analysis depends also on image quality and resolution of the device.

## REFERENCES

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## A CONTROLLED, DOUBLE BLIND AND RANDOMIZED STUDY FOR EVALUATION OF THE EFFICACY AND SAFETY OF INVEL® ACTIVE SHIRT WITH INVEL® TECHNOLOGY.

Manoel Jacobsen Teixeira<sup>1</sup>, Joaci O. Araújo<sup>1</sup>, Helena Hideko Seguchi Kaziya<sup>1</sup>, Daniel C. Andrade<sup>1</sup>, Carina Mamy Nishimura<sup>1</sup>, Monica Lourdes de Andrade Lima<sup>1</sup>, Cícilia Yuko Wada<sup>2</sup>, Roberta Pessoa Simões<sup>3</sup>, Marcos Leal Brioschi<sup>4</sup>, Sabrina Telles Mathias Pupo<sup>3</sup>

<sup>1</sup> Pain Group of the Hospital das Clínicas, School of Medicine, Universidade de São Paulo - USP;

<sup>2</sup> Statpharm Assessoria Científica;

<sup>3</sup> Invel;

<sup>4</sup> InfraRedMed, Diagnóstico por Infravermelho concomitante

Lumbar pain (or low back pain), especially, reach epidemic levels in world population. It is estimated that 70 - 85% of the people will have low back pain in some time in life. Since low back pain is chronic and often debilitating, search for new procedures which present low risk of use and promote increase of the patients' quality of life is necessary. Long-wave infrared phototherapy has

been evaluated in some clinical studies that showed decrease and disappearance of pain in patients with column pains (1,2). And the Invel® Active Shirt can be used as a non-invasive and practical coadjuvant therapeutic tool that could be incorporated in orientations for those who suffer from pain along the vertebral column.

**OBJECTIVE** (1) To evaluate the efficacy of the shirt, Invel® Active Shirt, in low back pain, especially muscular pain.

(2) To evaluate safety in the use of the product.

**METHODOLOGY:** A national single. center randomized, double blind, placebo controlled study including a sample of 70 subjects with history of chronic low back pain with at least 3 months of progress on the date of inclusion. The subjects were randomized into two groups. One of the groups used the shirt Invel® Active Shirt (group A) and the other used shirt with no Invel® technology (group B). The subjects were treated for 14 days and evaluated at times 0, 7 and 14 days.

(a) GI1: Global impression of improvement of pain is evaluated;

(b) Product safety was measured by the proportion of patients that did not present serious or non-serious adverse events, related to the use of the product;

(c) Thermography: To assess superficial blood perfusion.

**RESULTS:** Seventy (70) subjects from both genders (77.75% women), average age 48.38 years old were included. The subjects were assigned at random, but the study was concluded with 29 subjects that used the shirt Invel® Active Shirt and 25 the shirt with no Invel® technology.

**IMPROVEMENT OF PAIN:** With respect to the global impression of improvement, in visit 3, there was statistically significant difference between the two (A and B) groups ( $p=0.0362$ ). The obtained results were "improved a lot" (A: 24.14% vs. B: 4%) and "moderately improved" (A: 44.83% vs. B: 28%).

**THERMOGRAPHY:** The white area in the image represented the stricken low back region and the red area represented the area of increased blood perfusion. The decrease in size of the white area was compared between visits V1 and V3 in the two treatment groups A and B. We observed that improvement of the thermographic pattern of group A was 24% vs. 11% of the control group, group B.

**SAFETY:** No clinically significant event was verified in the studied population.

**CONCLUSION:** The increased blood perfusion by surface heat promoted by the fabric of Invel® Active Shirt is resulted of a photochemical effect. It occurs due to increase of tissue perfusion promoted by heat, aid in the removal of substances that cause pain and increase of oxygen supply to the site and local nitric oxide release. The use of the product does not lead to cure of the disease, but it is an auxiliary resource in the treatment of low back pain. The heat promoted by long-wave infrared radiation attenuates painful symptoms by preparing the stricken region for the application of other traditional therapies.

ANVISA, National Health Surveillance Agency, recognized the efficacy and safety of this product and granted the registration ANVISA MS No. 80104760005 on 01/18/2011.

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# A SINGLE CENTER, PROSPECTIVE, CONTROLLED, DOUBLE BLIND AND RANDOMIZED STUDY FOR EVALUATION OF THE EFFICACY AND SAFETY OF INVEL®ACTIVE GLOVE WITH INVEL®TECHNOLOGY

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Repetitive movement related disorder (RSI: repetitive strain injury / WRMD: work related musculoskeletal disorder) of the hand and the wrist is associated with extended absenteeism from work, therefore, associated with the greater productivity loss (1). More than 90% of patients with RSI/WRMD prevented musculoskeletal pain and strong association with Myofascial Pain Syndrome (MPS) (2) was observed. MPS is one of the most common causes of musculoskeletal pain and functional incapacity. It is little recognized by health professionals, since the diagnosis depends exclusively on clinical history and physical examination findings. MPS is a regional neuromuscular dysfunction, with trigger points in the tense bands of muscle fibers and when stimulated mechanically it presents local or referred pain in distant areas. MPS can be silent, in intense heat and stabbing sensation. It can become extremely strong that it can be confounded with bone pain, which hampers diagnosis (3). Myofascial trigger point (TP) can cause a tingling sensation and numbness. In this situation, the electroneuromyographic examination and the neurological examination are normal. Many of the myofascial TPs are referred pain, that is, they are far from the stricken site (4). Treatment is clinical and consists in medication, physical means, kinesiotherapy, ergonomic orientations, use of orthosis, and postural hygiene for improvement of pain and functional incapacity. The use of long-wave infrared radiation emitted by Biocerâmica® incorporated in Invel® Active Glove can be another adjuvant treatment option for alleviating pain and aiding in rehabilitation (3).

**OBJECTIVE:** To verify the efficacy of Invel® Active Glove in muscular pain in patients with MPS in the wrists. To evaluate functional capacity of upper limbs of patients with MPS. To evaluate safety in the use of the product.

**METHODOLOGY:** A single-centre, prospective, controlled, double blind and randomized study was performed, approved by the independent ethics committee on research, including a sample of 60 subjects suffering from MPS caused by RSI on the upper limbs. Sixty (60) subjects from both genders were selected and, after signing the informed consent form, randomized into two groups: Group A (group that used Invel® Active Glove) and Group B (placebo, which used the glove of the same fabric, however with the incorporation of Biocerâmica® MIG3®). The subjects used for 6 hours daily for 28 days. For the two groups, A and B, 4 visits were planned in the course of 2 months.

Means of evaluation: (a) Pain by the Visual Analog Scale - VAS; (b) DASH (Disabilities of the arm, shoulder and hand) Functional Assessment; (c) Assessment of the TPs (by the Fischer algometer); (d) JAMAR (grip dynamometer); (e) Clinical assessment.

**RESULTS:** Intensity of Pain: A drop of VAS was confirmed in the right arm by 12% in V2, 28% in V3, in Group A (group that used Invel® Active Glove) and variation of 11% in V2, 14% in V3 in Group B (placebo). Clinical Assessment of the Pain: The location and reduction of pain were assessed and it was observed

significant differences in their absence at times of 14, 28 and 56 days compared to the baseline time, at the elbow and wrist, with 5% significance level. Functionality: There was decrease of DASH scores, suggesting improvement of functionality in the two groups ( $p < 0.0001$ ). Safety: No clinically significant adverse event was verified in the studied population.

**CONCLUSION:** This study showed clearly that Invel® Active Glove leveraged the analgesic effect. Mild compression exercised by the gloves aids in muscular stabilization and reduces vibration resulting from impact with movements. This product can be used as adjuvant treatment in pain of the forearms and wrists.

ANVISA, National Health Surveillance Agency, recognized the efficacy and safety of this product and granted the registration ANVISAMS N° 80104760006 on April 25, 2011.

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## KINESIOLOGIC THERMOGUIDED EVALUATION BY ANALYTICAL MYOMODULATION

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InfraredMed - Diagnóstico por termografia infravermelha

It is recognized that chronic pain involves a complex network neurological, musculoskeletal, metabolic, psychological and behavioral phenomena. These feeds back neuro-musculoskeletal changes creating a vicious circle that worsens the pain in intensity and extent. According to this aphorism, the theory of the Analytical Myomodulation (AMM), seeks to justify the complex painful process and its chronic evolution, looking for interrelation between the present biomechanic changes and these phenomena. The Analytical Myomodulation (AMM) is a new neurological therapeutic model, whose theory presents the mapping of 25 muscle groups by its patterns of change related to the presence of strained bands (BT), tension points (TP) and increased muscle tone (MT). The purpose of AMM is not only diagnosis but to guide and monitor the treatment based on these characteristics changes. The aim of this study was to map the patterns by infrared thermography. For images analysis was utilized Regressive Temperature (RT) method. The RT analysis consists in the study of the involved muscular groups. It is based from the increase of infrared radiation associated with metabolic phenomena in neuro-musculoskeletal disorders. It was realized kinesiology thermoguided evaluations by AMM method in 30 patients with chronic pain. First was clinically mapped the groups (patterns) muscles altered followed by thermography exam. It was captured 420 images. By means of thermographic analysis using RT method the authors concluded that was possible to map the patterns of AMM theory. Once identified it was possible correlate them with the site of neuro-musculoskeletal pain and its cause.

## USE OF THERMAL IMAGING IN THE DIAGNOSIS OF REPETITIVE STRAIN INJURY

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**SITE:** This study was developed in the Master Degree Program in Health Technology at Pontifícia Universidade Católica do Paraná.



**OBJECTIVE:** To discuss the effectiveness of the technique of thermography in the diagnosis of repetitive strain injuries /work related musculoskeletal disorders (RSI/WRULD).

**METHODS:** we performed the bibliographic search in database MEDLINE on the use of infrared images in repetitive strain injuries. We selected articles that used individuals with a diagnosis of RSI/WRULD, proven by clinical tests and medical imaging (MRI and ultrasound) and compared with the thermographic images.

**RESULTS:** In all the articles reviewed, there was change in temperature in relation to pathology in the study area. Studies using thermography in patients with fibromyalgia had occupational changes as a result of temperatures from 0.5 ° to 1 ° C over the trigger points. The diagnosis of fibromyalgia is complex and people with fibromyalgia have pain in 18 bilateral points on the body. Comparative studies of the clinical examination and thermography showed at every point triggers changes in temperature. The carpal tunnel syndrome is diagnosed by examining pre-clinical symptoms of damping in the region innervated by the median nerve and the disease is evidenced by magnetic resonance imaging of the wrist and fingers. Thermal imaging exams showed a decrease in the issuance of the vascular pattern of heat on the median nerve distribution. Thermography detected pathologies such as vascular and mononeuropathies vasoespamos both very common in industrial titled regional pain syndrome reflex. Compared to ultrasound, thermographic images have shown a reduced temperature of 0.8 ° C in the affected regions. With regard to inflammatory processes, few articles have reported that inflammatory pain in upper limbs, more specifically in shoulder and elbow were diagnosed by clinical examination but not confirmed by ultrasound. However, in examining areas of thermography were presented with changes in temperature between 0.9 ° to 1.8 ° C. In addition, specific literature emphasizes that the inflammatory process increases blood flow and, consequently, increases the local temperature.

**CONCLUSION:** Thermography was effective detecting slight changes in temperature, proving to be a complementary method for quantitative, objective and useful in supporting the diagnosis of RSI/WRULD.

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#### THERMOGUIDED MESOTHERAPY

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**OBJECTIVES:** Author's intention is to demonstrate importance of thermography application allied to musculoskeletal pain treatment technique so called Mesotherapy, either before the application, as an auxiliary diagnosis method, or in post-treatment evaluation (evolutionary results follow-up). Mesotherapy is a medical treatment technique, composed by the application of small doses of mixed remedies, through intradermic injections, after defined clinic-laboratorial diagnosis and following anatomic references specific to the diagnosis. It was mentioned first time in 1952 by Michel Pistor in France for presenting positive therapeutic results in the treatment for many different pathologies, especially in the treatment of inflammatory arthropathies, traumatic injuries related to sports practice and muscle contraction, besides neck and back pain and peripheral neuropathies such as carpal tunnel syndrome. The medication application following this technique is done in the reticular skin (depth between 4 to 6 mm). Depending on the diagnosis and inflammatory process phase (acute, sub-acute or chronic), a different set of remedies is chosen.

**METHOD:** Patients having pain and diagnosed with following listed diseases were evaluated with thermography pre and post mesotherapy: tennis elbow, neck and back pain, carpal tunnel syndrome, plantar fasciitis, myofascial trigger points in trapezius and extensor forearm muscles. Images were collected immediately before application, 20 minutes after treatment and later (period between 24 hours and 7 days, when patient returned for medical review). A temperature difference of 0.5 degrees Celsius or higher against same contralateral point or surrounding area was used as thermographic criteria, confirmed later by pressure algometry (reference standard).

**RESULTS:** The image taken before procedure was considered highly important to the applicant physician due to diagnosis precision and pain point location, thanks to the thermography, especially when myofascial trigger points concurring to articular inflammatory process exist. Thermography evaluation immediately after procedure does not seem to have clinical value and was discarded during study continuation. In the other hand, images taken during evolutionary follow-up are of high importance, serving also as an objective criterion of treatment discharge.

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## APPLICATION OF INFRARED THERMOGRAPHY IN STUDIES OF ACUPUNCTURE-MOXIBUSTION AND MERIDIAN

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To introduce application of infrared thermography in studies of acupuncture-moxibustion mechanisms and meridians in this paper. The results of the author's researches on acupuncture and moxibustion with infrared thermography are reviewed comprehensively, including:

1. the results of acupuncture and moxibustion for treatment of diseases;
2. the temperature-increasing action of acupuncture and moxibustion;
3. relative specificity phenomena of acupoints;
4. temperature characteristics of meridians;
5. meridian and acupoints-viscera correlation.

Thus, the feasibility of application of infrared thermography to studies of acupuncture and meridian is confirmed and a lot of significant research results are achieved, developing the application fields of thermography.

## FIBROMYALGIA SYNDROME: THERMOGRAPHIC SCORE

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Fibromyalgia syndrome (FMS) diagnosis, characterized by chronic widespread musculoskeletal pain, disturbed sleep, fatigue, depressive mood, anxiety, is eminently clinical and depends cautious evaluation. Two hundred and twenty and six patients with FMS and a group of 34 normal volunteers proceeding from the Clinic of Pain of the Division of Neurological Clinic of the Clinics Hospital of the College of Medicine of Sao Paulo University (HC-FMUSP) and of the particular doctor's offices examiners, had been selected according to American College of Rheumatology (ACR) criteria and evaluated later by infrared (IR) thermography. It was possible to create by the thermal distribution an agreement classification on the basis of cutaneous characteristics with visual inspection of the thermograms of 7 different regions: postero-inferior (G), antero-superior (A), lum-

bar (L), antero-inferior (P), face (F), postero-superior (C) and palmar (M). The test of multiple linear regression demonstrated that all the regions had correlated in the evaluation of the thermal alterations. Each region of interest (ROI) presented 2-4 typical characteristics, as the disposal and extension of the thermal alterations, that had been structuralized in the form of one prop up by means of multiple regression to predict the FMS presence ( $R^2=0,94$ ). The hyper-radiating image in complete or not "mantle form" and paravertebral associated with hypo-radiation of extremities resulted in a FMS thermographic impression. It had significant difference of the standard of cutaneous thermal distribution between all patients with FM and normal controls. Being that it was possible to classify them by means of IR imaging and to establish quantification criteria of the presence or absence of the illness. Being overcome for base the clinical criteria of the ACR for fibromyalgia syndrome the clinical correlation with infrared imaging was possible and demonstration of one prop up thermographic diagnosis.

## FIBROMYALGIA: EVALUATION BY THERMOLOGY

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**INTRODUCTION:** The fibromyalgia diagnosis is often given to the individuals with diffuse chronic pain which intensity range over the time. The morning stiffness and limb or articulation edema are often associated to abnormality cognitive and the humor, persistent fatigue and besides them the sleep disorder. It is also reported the gastrointestinal symptom and bladder disorder. There is an agreement of its heterogeneous fisiopathology with characteristic and variable therapeutic response. Evidences show the main component of the pain in the fibromyalgia is related to the central sensitization with symptom amplification. The prevalence in the adult population is 2 to 5% and it predominates in women on the proportion of 8 to 9 women/ 1 man, age range: 35 to 60 years. There are no laboratorial abnormalities evidences or exams such as radiography, ultrasonography, computerized tomography or even nuclear magnetic resonance. The infrared imaging exam fulfill this large diagnostic opening that can detect physiological changings and the metabolic processes at the same time, and helping in the diagnostic confirmation and the fibromyalgic patients follow up.

**PROCEDURE:** The patient must be 15 minutes undressed to equalize its temperature with the climatized environment at the 23°C degree, air humidity in 60%, air conditioning with air current <0,2m/s, thermic isolation environment and the distance between the camera and the patient must be 4m with the whole body filming. The fibromyalgic patient presents a heated image on the trunk region of a mantle shape caused by thermo-regulation disorder associated to the cold extremes by the periferic vasoconstriction and the eyelid heating, known as owl eye due to the sleep disorder.

**CONCLUSIONS:** The infrared imaging is a non ionizing diagnostic method, painless without radiological contrast and it can be applied at all ages, also pregnant. It can be applied for the chronic pain understanding such as fibromyalgia.

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# THE INFRARED (IR) IN TISSUE REPAIR PROCESS AND ITS RADIATOR BIOMATERIALS APPLIED IN DENTISTRY

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STUDY: Project - Consulmat; Production - Vedovato; Analysis - IPEN

OBJECTIVE: A series of ceramic and polymer compounds shows own characteristics of its physical-chemistry conditions in the transmission of waves in the far infrared range when thermally stimulated. Infrared spectra are shown for some compounds used in dentistry. The evaluation on tissue temperature adjacent to some compounds, due to the infrared radiation, is correlated to the reflectance spectrum characteristic of each material.

METHOD: The study was conducted in three environments:

(a) prosthetic laboratory for the production of the specimens, (b) analytical laboratory for achievement the IR spectrum of the specimens, and

(c) dental office for the thermal measurements performed on patient. The equipments used in the production of the specimens were those of the usual prosthetic manipulation.

The analytical equipment to survey the thermal measures were:

(a) infrared spectrum - infrared spectrophotometer Thermo-Nicolet Nexus 400;

(b) tissue thermal profile - Thermovision Camera Flir E60.

The interpretation of infrared spectra were used the tabular data to identify the absorbance peaks. For tissue thermal analysis, records were taken into a room with controlled temperature  $21 \pm 1$  degrees Celsius after 15 minutes of acclimatization. The projections were taken ahead on the specimen and surrounding tissue. Data evaluation was based on images taken in different colors, corresponding to different temperature levels according to the scale of the equipment.

RESULTS: A typical distribution, with gradual changes in temperature between the warmer areas (adjacent to the specimens) and cooler (distant from the specimens) was observed in the evaluated soft tissue (gingival mucosa).

CONCLUSIONS: The use of thermographic camera (thermo-vision), by the investigations carried out, offers efficiently diagnostics on the thermal effects of the studied dental materials. The correlation between the IR spectral profile of each material and the thermal change in the adjacent tissue region suggests that it is feasible.

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## SAO PAULO UNIVERSITY HOSPITAL THERMOGRAPHY PROTOCOL FOR COMPLEX REGIONAL PAIN SYNDROME (CRPS)

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The diagnosis of CRPS continues to be subjective, rather than by the application of consistent criteria that can be quantified (Wilson & Bogduk, 2005).

For the diagnosis of infrared CRPS consider the record of three distinct signals: 1 Index: Asymmetry infrared region of interest

greater than 0.5oC (Delta T, NI<0.5oC) Index 2: discontinuity of the distal infrared thermal gradient; Index 3: the paradoxical response functional testing of the cold water autonomic stress ("Cold stress test").

Sensitivity and specificity of 93% to 89% positive predictive value (PPV) 90% and negative predictive value (NPV) 94% in a group N =205 were observed by Gulevich, Conwell, Lane et al. (1997).

Sensitivity, specificity and predictive value of infrared cold water autonomic functional stress testing was compared with modified IASP criteria for CRPS. (Conwell, Hobbins, Giordano, 2010).

This paper aims to standardize and develop a protocol to evaluate the function of the reflex cutaneous vasoconstrictor sympathetic vasomotor response by quantifying the end of the stimulus symptomatic cold water from one end of a symptomatic we call "Cold Stress Test" from the required specifications for setting up a laboratory for the examination of infrared, and prepare recommendations to the patient, setting, forms and explanations.

## IS IT POSSIBLE TO DISTINGUISH THE REFERRED PAIN TO LOCAL PAIN IN MYOFASCIAL TRIGGER POINTS BY INFRARED THERMOGRAPHY?

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Infrared imaging instruments, applicable to routine clinical examination, need to be evaluated for their potencial as a diagnostic aids in dentistry. The aim of the study was to identify, quantify and correlate myofascial trigger points in the masticatory muscles, using thermography and clinical examination. Twenty six women volunteers were recruited. The surface facial area over the masseter and anterior temporalis muscles was divided into 15 sub-areas on each side (n=780). This investigation consisted of 3 steps. The first step involved thermographic facial exam, using lateral views; all subjects complied with the preexamination recommended by the Academy of Neuro-Muscular Thermography. The second step involved the pressure pain threshold, marking the myofascial trigger points pattern areas for referred pain (n=131) and local pain (n=282) with a colored pencil; also, a photograph of the lateral face, with the head in the same position as the infrared imaging. The last step was the fusion of these two images, using specific software; also, the calculation of the temperature of each point. Results showed that pressure pain threshold levels measured at the points of referred pain ( $1.28 \pm 0.45$  kgf) were significantly lower than the local pain ( $1.73 \pm 0.59$  kgf;  $p < 0.001$ ). Infrared imaging indicated differences between referred and local pain of 0.5°C ( $p < 0.001$ ). Analysis of the correlation between the pressure pain threshold and infrared imaging was done using the Spearman non-parametric method, in which the correlations were positive and moderate ( $0.47 < r < 0.7$ ). The sensitivity and specificity for referred and local pain were 62.5% and 71.3%, and 43.6% and 60.6%, respectively. In conclusion, infrared imaging measurements can provide a useful, noninvasive and nonionizing exam for diagnosis of myofascial trigger points in masticatory muscles.

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#### SAO PAULO UNIVERSITY HOSPITAL THERMOGRAPHY PROTOCOL FOR SACROILIITIS

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The objective is to create a protocol to estimate the temperature of the sacroiliac region and use thermography for the diagnosis of sacroiliitis.

Thermography is an extremely sensitive method able to identify the beginning of the inflammatory process, even before its clinical manifestation. It is a non invasive and without ionizing radiation exam.

Patients should be kept full-body uncovered in a programmed position in a room with an ambient temperature of 23°C for 15 minutes before and during the examination.

It should be take thermograms near the sacroiliac region in five regions, 1) the lumbar spine, 2) iliac crest, 3) sacrum, 4) sacroiliac

joint top and 5) bottom using isotherm system to analyze it. The shape of the temperature curve in the lumbosacral region is characteristic symmetrical in healthy people.

The temperature is highest in the lumbar spine, followed by the top of the sacroiliac joint sand the base of the tail bone. This is attributed due to the upright formed by the erector spinae and gluteal muscles. n the lumbosacral region of women is observed a hyporadiant image than in men due to greater thickness of the panniculus in this region. It has been observed that there is a thermal profile characteristic of the sacroiliac region, although there may be large temperature differences in individual cases. But ankylosing spondylitis patients with sacroiliitis there is a asymmetrical distribution with local hyper-radiation. These findings must be correlated with clinical evaluation because there are some differential diagnoses: herniated discs, bone metastases, musculo-ligamentous injuries, scoliosis and skin conditions.

**CONCLUSION:** he thermographic examination protocol of the sacroiliac region may contribute with additional information in conjunction with clinical evaluation and laboratory tests, diagnosis, evaluation and follow-up therapy.

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## BREAST CANCER / ONCOLOGY

### DIGITAL INFRARED THERMAL IMAGING (DITI) FOR BREAST SCREENING

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The first thermal image of a person was taken in 1948 and took 40 minutes. Since then our understanding of thermal physiology has advanced significantly and with the additional advances in infrared imaging technology providing high levels of sensitivity, specificity and accuracy with stable and repeatable temperature measurement to 0.01C. Today, over 2,000 patients per day are being breast screened with thermography in the US and this is building a very substantial central database with millions of patients available for ongoing research and studies. Standardized interpretation and reporting by board certified physicians, aided by innovative interpretation software (artificial intelligence) has also advanced the acceptance of thermography as a mainstream medical test.

One of the most exciting applications of DITI now gaining more practical use is breast screening, even though it had been approved by the US Council of Diagnostic Imaging since 1988, it continued to be controversial for many years. The role of DITI in breast screening is now widely accepted and is no longer considered competitive with structural tests like mammography. It is especially useful in younger women (30 to 50 years old), who have denser breast tissue which decreases the effectiveness of other studies.

It takes years for most cancers to develop to the stage that they can be detected with mammogram or ultrasound (dense enough for location and biopsy) so DITI is ideally placed as a screening

tool to identify changes over time in the 'early' development stages, before there is more advanced pathology that can be detected with other tests. The major benefit in this group is in detecting early changes that precede malignant pathology that will become diagnosable at some later stage.

Early detection is aimed at prevention and if early changes are detected then we have an opportunity to intervene and change the outcome. Prevention may include treatment of inflammation or vascular activity, fibrocystic disease, lymph congestion, estrogen dominance, more specific conditions like angiogenesis, and other 'functional' abnormalities. There are no contraindications for DITI as it is totally non-invasive, no radiation of any type, no contact with the body so it can 'do no harm'.

In patients of mammographic age (generally over 50), DITI not only provides the benefit of early detection of functional change but can also increase the detection rates of other tests by contributing additional information about functional (physiological) abnormality and also the location of suspicious (positive) thermal findings that may be outside the range of other tests due to location, size of breast, implant, or other limiting factors.

DITI as a screening test in all age groups is designed to establish a baseline (the patient's normal thermal fingerprint) for ongoing comparative analysis (normally annual) to detect any physiological change that justifies additional testing.

The changes that DITI can detect include, inflammatory pathology (inflammatory carcinoma/inflammatory breast disease), infection, lymph dysfunction, vascular changes and also any suspicious activity outside the range or scope of other tests (outside the boarder of the breast, in the sternum or axilla).

## SAO PAULO UNIVERSITY HOSPITAL THERMOGRAPHY PROTOCOL FOR BREAST CANCER.

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Breast cancer is a public health problem worldwide. Although major technological advances have increased patient survival, early detection and reduced mortality are still the subject of many studies. Currently, mammography has been considered the gold standard test for detecting breast cancer, however, this method is limited to the study of dense breasts of younger women, and is radiation emitting. Studies with infrared thermography of the breast have shown this to be a promising method for population screening and risk assessment. The objective of this study is to establish an examination protocol using infrared thermography.

### LEVEL OF BREAST CANCER RISK ASSESSMENT USING A STANDARDIZATION METHODOLOGY OF CUTANEOUS THERMAL IMAGES

Ionildo José Sanches, Marcos Leal Brioschi, Daniel Colman, Eduardo Adrat, Vanessa Andreoli, Jose Vargas.

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**OBJECTIVES:** This paper aims at the development a non-contact system for assessing the degree of risk of breast cancer using normalized values of adimensional temperature.

**METHOD:** To develop the computer system, we used a standardization methodology of cutaneous thermal readings (Brioschi, 2011). In this methodology, we are considering the environmental temperatures and patient's central body temperature for medical infrared thermography studies. The non dimensional normalized temperature values are between 0 and 1, with the 0 value being when the temperature is equal to environment temperature and 1 when the temperature is equal to central body temperature. The infrared images acquisitions are made by using a FLIR ThermoVision® A320 infrared camera, with 320 x 240 pixels resolution. To assess the level of breast cancer risk are acquired six images of the patient's breast, wherever: front breast image, skewed image, left oblique, oblique right oblique, left profile and right profile. In addition to these six images it is also used two images to provide environmental temperatures and patient's central body temperature.

**RESULTS:** We developed a computational system to acquire the infrared images, display grayscale and pseudo-color images, selection of regions of interest (ROI), imaging processing and

imaging analysis using the adimensional temperature. Through the temperature conjugated gradients method is considered the normalized temperature difference ( $\Delta T$  or asymmetry parameter) compared to the contralateral side ( $\Delta$ ). This value is then displayed on a risk scale ranging from 1 to 5. Display images are used a palette of gray levels in regions that have no risk and pseudo-color corresponding to the levels of breast cancer risk.

**CONCLUSION:** he infrared imaging is a safe and valuable setting to identify benign and malignant disorders. Using the adimensional variable  $\Delta$  method, considering the environmental temperatures and central human body temperature (metabolism of the individual), is used to identify cut-off values of normality and thus determine the patient level risk.

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### AUTOMATED COMPUTER MEDICAL THERMOGRAPHIC DIAGNOSIS. BRIOSCHI ML, YENG LT, MATIAS EF, SILVA FMRM, TEIXEIRA MJ.

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In order to improve infrared (IR) imaging diagnosis, application of computer software to the quantitative analysis of IR images has been studied by some investigators for years. The utilization of merely temperature alarms is not satisfactory for accurate diagnosis, it's necessary to work with thermal patterns tools, as example algorithms and fractals, to identify physiological abnormalities like fever and some diseases, adjusted with ambient and inner eye reference temperatures. The authors have developed an on-line IR image processing system with specialized algorithms to identify different diseases. Using a system of IR pattern recognition, digital geometry and signal processing was possible to create a diagnostic tool to increase the accuracy of risk analysis of breast cancer, diabetic foot ulcer, fibromyalgia thermoregulatory disturbance, knee osteoarthritis, hand/wrist rheumatoid arthritis, sleep disturbance, fever, and physiologic stress parameters. All the results were achieved from a data bank of FLIR images from the authors along 10 years of practice. From the results obtained, the quantitative diagnosis method by a computer was found to be a significant method. The overall accuracy of a computer diagnosis may vary more or less by different diseases assignments. The present processing system is being improved by the data bank.

## VASCULAR

### SAO PAULO UNIVERSITY HOSPITAL THERMOGRAPHY PROTOCOL FOR ENDOTHELIAL DYSFUNCTION.

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**INTRODUCTION** Endothelial dysfunction has been investigated in recent decades and accumulated evidence suggests that this phenomenon occurs since the beginning of atherosclerotic disease (1). More than that, revealing a number of articles and publications in cardiology has shown that endothelial damage appears to be closely linked to significant cardiovascular outcomes such as myocardial infarction and stroke (2).

Some methods have been used to measure endothelial function for 50 years. Venous-occlusive plethysmography is the oldest and others have arisen in this field in particular the use of flow-mediated dilation (FMD). The first description was made to Celermajer (3,4) with ultrasound in 1992 and later other publications have confirmed that there is strong evidence that the ultrasound probe with high frequency in the brachial artery can provide reliable data on the vasodilation endothelium-dependent and, indirectly, the integrity of endothelial cells (5). Added to this, since there is a guideline created with support from the American Heart Association since 2002 to evaluate the flow mediated dilation with ultrasound (6).

However limitations occurred since the beginning, because this guideline did not conclude on the cutoff point of brachial arte-

rial dilation that can be considered as an abnormal test. Another problem, perhaps the worst to solve is related to the inter-observer variability considered high by current concepts from the evidence-based medicine to test for accuracy (7,8). Of course these limitations this method to bring questions about their potential use in medical practice.

Recently some authors have studied alternatives using the same physiological response (FMD) in their publications and contact thermography using the results were very encouraging. At least three results of scientific papers written by et Ahmadi at al showed a strong correlation between the temperature at the ends of rebound of fingers after the compression arm and the other methods often used to diagnose coronary artery disease such as coronary angiotomography (9), calcium scoring (10) and myocardial scintigraphy (11).

In this new scenario thermography can occupy a prominent position in the arsenal of diagnostic methods in cardiology. But despite promising thermography will have to present relevant results, and the methods available today for already established that the method can be incorporated into routine care.

According to this perspective, our group at the University of São Paulo developed a protocol to assess the thermographic endothelial function. Our main goal is to study the test thermographic (Brachial test) in various clinical situations.

**PREPARATION OF PATIENT (12).** Patients should be instructed to suspend for 24 hours vasoactive medications, opioids, transdermal patches as well as vitamin C, soft drinks, tea, coffee, alcohol and tobacco. The last meal should be made 10 hours before being released to the examination of water intake.

The recognition phase of the menstrual cycle on the part of patients and relevant since this factor can affect the flow-mediated dilation. In this case the patients were rescheduled and preferably out of the scheduled period.

The use of hormones does not contraindicate the examination but this should be an award described in the chart. Since estrogen can increase the hyperemic response.

Exercise, acupuncture, physiotherapy and physical manipulation, TENS applications as well as other electro diagnostic methods should be avoided 12 hours before the test drugs as beta-blockers should be discontinued 48 hours before the test.

Local treatments with oils or cosmetics should be avoided on the day of the exam and a bath with warm water two hours before the method can help keep your skin clean and free of cosmetics.

Avoid using tight clothes, compression, as well as chains, rings and other trinkets during the examination.

It is suggested that thermography is preferably the first test of the day, since other tests can provide thermal artifacts.

**PROTOCOL:** The protocol provides thermographic examinations there is a period of acclimatization of the patient for 15 minutes to the release of heat retained by the clothes.

For the examination of thermography in order to evaluate endothelial function and necessary for the upper body is exposed, and there the same need for the bottom that may be covered with fabric since it is light cotton or similar, as well as the breast region preferably provided by the laboratory.

The patient should be instructed not to cross your arms or keep them flat on the lateral side of the body to a more effective thermal equilibrium. At this stage the patient can lie.

**EXAMINATION** The patient will have after the period of thermal equilibrium sit comfortably on a stretcher with his legs flexed out of the litter. The patient's arms should rest lightly on the legs so that the front edge of the hands are on their knees touching only slightly, without compression.

The medical investigator must be a minimum distance of 1 meter and a maximum of 2 meters of the patient with the infrared cam-

era mounted on a vertical support, focused directly on the exposed surface of the front of the patient's hands checking the temperature of an area made up by least two fingers (distal ends) of each hand in order to arrive at a baseline temperature measurement in both right hand and left.

The camera should be set to measure emissivity of 0.98 and infrared images measured their temperatures should be archived.

The following should do the compression of the left forearm of the patient with the sphygmomanometer cuff to achieve the stated value of 240 mmHg at 5-minute break in order to promote distal limb ischemia.

Throughout the compression step of the arm the patient should be standing with the limb at rest while the operator will keep reaping so images of the previously selected edges (similar to local baseline measurement) in both hands. So far as these thermal baseline data during the compression of the arm must be recorded and archived in accordance with the values expressed in color temperature for later analysis with the help of specific software.

After a period of 5 minutes of upper limb ischemia should be done decompression arm allowing the restoration of blood flow. It is important that the patient does not move your arms right now. This period following the 0 to 5 minutes after decompression of the arm and called step flow mediated dilation characterized by reactive hyperemia and of singular importance in this provocative examination. During this step the operator must perform thermal records in the same way with the period of compression.

**CAPTURE OF IMAGES** An infrared camera captures the temperature of a system of numerical spreadsheet that is instantly converted by a software, thermal imaging, which can be demonstrated in the form of various scales colorimetric (pallets) according to the best resolution and contrast for each situation. Each color represents an isotherm and selected images will be highlighted and analyzed using an image processor specific. (Brioschi et al., 2010).

The operator should preferably be familiar with the camera to use its resources as well as image capturing, recording and adjustments.

In the analysis of thermographic examination of endothelial uptake should be performed in three steps.

- Step 1 - Immediately after the cooling of the patient
- Step 2 - During the compression arm (ischemia phase)
- Step 3 - After the compression arm (phase of reactive hyperemia)

All capture and storage of thermographic images should be done so within 5 minutes of continuous Step 2 and Step 3 of 5 minutes.

**INTERPRETATION OF RESULTS:** The thermal variables considered in the study for the purpose of assessing endothelial function are (1) temperature and rebound (2) neurovascular reactivity index (NVR). A change in any one of the two variables identifies changes in endothelial function.

The temperature difference between the rebound and the highest temperature on the front of the hand subjected to compressive period before ischemia (basal end) and the highest temperature in the same hand within 5 minutes after the end of the tourniquet time of reactive hyperemia. It is considered normal response (absence of endothelial dysfunction) when the difference equal to or greater than 0. (Maximum temperature in reactive hyperemia - baseline maximum temperature > 0).

This phenomenon is expressed in a graphic drawn up markedly in cases of absence of endothelial dysfunction and absence of this type of curve in endothelial dysfunction.



The neurovascular reactivity index (NVR) evaluates the effect of the sympathetic autonomic nervous system (ANS) in response to ischemia. The activation of the sympathetic in the case of an ANS ischemic process is a physiological phenomenon but their hyperactivity, adrenergic or exacerbation is linked to endothelial dysfunction.

The NVR is obtained by measuring the maximum temperature in the hand control (contralateral, one that was not subjected to compression arm) during the baseline period (Step 1), ischemic compression (Step 2) and reactive hyperemia (Step 3). Findings are considered normal when there is an increase in contralateral hand temperature during compression of the brachial artery occlusion and during reactive hyperemia, with values of temperature at or above the baseline in this hand.

Are four possible types of results according to the type of thermal response.

They are: 1 - A flow-mediated response inadequate, or reflects an inability to release sufficient nitric oxide (NO) by the endothelium against ischemia induced or a

2 - adequate response to flow-mediated NO reserve sufficient enough to promote vasodilation and increased temperature at the end of the finger that was under ischemia.

According to the neurovegetative reflex sympathetic response in the contralateral hand (control).

3 - This can be changed (no temperature rise) by activating the sympathetic autonomous nervous system, and

4 - normal (higher temperature of the contralateral hand during and after the compression arm). Anyway, answers 1 and 3 are interpreted as endothelial dysfunction.

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## SAO PAULO UNIVERSITY HOSPITAL THERMOGRAPHY PROTOCOL FOR PERIPHERAL ARTERY DISEASE

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Thermography is a complementary non-invasive diagnostic with minimal discomfort to the patient with peripheral arterial insufficiency of the lower limbs. It should monitor atherosclerotic changes, map and measure the perforating arteries, identify sites where there may be inflammation, formation of tumours by an abnormal increase in vascularity, or abnormal vessel reaction to cold stimuli in peripheral arteries.

## DEVELOPMENT OF A CLINICAL VASCULAR OPTICS MEASUREMENT FACILITY

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The microvascular diagnostics service based in Newcastle upon Tyne provides a comprehensive array of mainly optical and thermal technologies which are utilised to access micro-circulatory blood flow and function. These vascular optical techniques include thermal imaging, capillaroscopy, laser Doppler imaging and flowmetry, tissue spectroscopy and multi-site Photoplethysmography. The test portfolio covers four main areas: Connective Tissue Disease and Raynaud's Phenomenon Assessment, Specialist Limb studies (i.e. amputation level, muscle compartment perfusion and venous physiology), Neurovascular Assessment and Burn Depth Assessment. The measurement service at Freeman is greatly benefiting from a new state-of-the-art purpose-built temperature and humidity-controlled room, enabling investigations to be performed efficiently and with confidence. The room's special air conditioning system can also be programmed to rapidly shift operating conditions between cold (e.g. 15°C) and hot (30°C) ambient temperatures for whole body thermal physiology assessments. Development project work is also undertaken; including microvascular endothelial function assessment, novel assessments in Chronic Fatigue Syndrome/ME, multi-site photoplethysmography, fluorescence spectroscopy in scleroderma, and thermoregulation in Restless Legs Syndrome. The measurement facility forms a unique clinical measure and research resource. The development of the facility, routine clinical services offered, and research work undertaken will each be summarized.

## THERMOGRAPHY AND COLOUR DUPLEX ULTRASOUND ASSESSMENTS OF ARTERIO-VEIN FISTULA FUNCTION IN RENAL PATIENTS

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Vascular and clinical assessments of arterio-venous fistula function are important in patients undergoing or preparing to un-



dergo renal dialysis. Objective assessments at Freeman Hospital now include combined colour duplex ultrasound and medical thermography measurements. For example, these modalities can help study problems relating to either fistula failure or to excessive fistula flow which can result in vascular steal (finger blood flow impairment resulting in skin temperature reduction). The aims of this study were to investigate the relationship between fistula region skin temperature and fistula blood flow using manual and automatic image temperature extraction techniques.

Patients underwent objective vascular measurements which comprised thermal imaging of the fistula region followed by fistula blood flow estimation using colour duplex ultrasound at the brachial artery. Temperature measurements were collected using a FLIR SC300 infrared thermal imaging system (spectral range 7.5 to 13.0  $\mu\text{m}$ ) fitted with its standard 24x viewing lens. Skin emissivity was assumed to be 0.97. Differences (fistula - non-fistula side) in fistula region temperatures were determined using a) manually extracted measurements and b) measurements calculated using an automated image processing procedure based on global thresholding and region growing. Temperature readings from the regions of interest were then compared with fistula blood flow and the correlation coefficients calculated. Differences between manual and automatic techniques were tested using Student's t-test.

Fifteen patients were studied (mean age 60 years). Estimated fistula flows ranged from 30 to 1950 ml/min (mean [standard deviation] of 920 [680] ml/min) and were significantly correlated with bilateral differences in maximum fistula region skin temperature for manual and automatic techniques (Manual  $R=+0.71$ ,  $p<0.01$ ; Automatic  $R=+0.73$ ,  $p<0.01$ ), each demonstrating an association between fistula region skin temperature and estimated fistula blood flow. There were no significant differences between the manual and automatic temperature extraction techniques, with mean (standard deviation) differences (manual - automatic) of  $+0.02$  (0.28)  $^{\circ}\text{C}$  ( $p=0.8$ ). Further work is now needed to explore the clinical utility of these findings, and also to examine the detailed characteristics of the fistula thermal profiles.

#### SAO PAULO UNIVERSITY HOSPITAL THERMOGRAPHY PROTOCOL FOR VARICES.

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Infrared thermography is based on analysis of skin surface temperatures as a reflection of normal or abnormal human physiology. Traditionally evaluation of skin temperature has been studied using systems involving one or more single point measurements, such as with thermocouples. It is only since the availability of infrared imagers, that efficient non-contact temperature recording has become possible. In a fraction of a second, a large area of the human body can be imaged with a thermal resolution approaching 50 mK as well as a spatial resolution of 25-50  $\mu\text{m}$ , and dynamic responses to stimuli are easily documented. Thirty years of clinical use and more than 8000 peer-reviewed studies in the medical literature have established thermography as a safe and effective means to examine the human body. Today, infrared thermal imaging has become one of the most efficient techniques for the study of skin temperature, in which modern infrared digital cameras, employing advanced focal-plane array technology, provide a sensitive diagnostic tool for a multitude of clinical situations, ranging from breast cancer screening to open heart surgery. The indications of thermography in the study of varices are marked: knowledge of extension of disease, analysis of complications, therapeutic response, epidermal or iatrogenic changes, mimetism of the course for the surgeon, indication and delimitation of the map skin for the surgeon. Also the advan-

tages of thermography: simplicity, innocuousness, reproducibility, objectivity, possibility of dynamic studies, possibility of knowledge of the disease without the introduction of devices or irritative response of other procedures, safety, lack of pain, low running cost. In the study of the lower extremities the following projections have been used: anterior, posterior, medial, lateral; it was possible to obtain in a photogram the lateral out face of one extremity and the medial of the other with one foot forward from the other. For the analysis of the abdominal wall circulation, use has been made of frontal projection and both obliques. The lower extremities are shown in the normal thermogram as cold zones, except at the level of the popliteal, caval and inguinal region where there is slight physiological hyperthermia due to an increase in infrared reflexion. In the thigh and leg and varying greatly from one person to another, one can see trajections of hyperthermia of some two degrees, linear in form, and which correspond with the superficial venous system. The abdominal wall in normal conditions does not show vascular trajections in young individuals; on the other hand, in globular abdomens some trajections can be seen in both voids and suprapubic region. In the essential varices the findings can be thus synthesized: Marked lineal hyperthermia in correlation with the dilated venous trajection, the gradient of which varies from 3 to 6  $^{\circ}\text{C}$  with respect to the other member. In the majority of cases, the system affected. Is that of the internal saphena. The externa saphena is affected in approximately 10 % of the cases, both systems are infrequently. Varicophlebitis is a complication most frequent in thermographic exam. The ulcerous complication is reliable in termography and this is very good for estimating the involution. Although difficult, oedema, eczema and hypodermatitis also are identified by infrared imaging.

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#### CAN DYNAMIC INFRARED THERMOGRAPHY (DIRT) BE USEFUL IN FREE PERFORATOR FLAP SURGERY?

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With the advent of perforator flaps a new era started in reconstructive surgery. A perforator flap can be defined as a flap of

skin and subcutaneous tissue, which is supplied by an isolated perforator vessel. The use of perforator flaps to close defects due to trauma, pressure sores, ablative surgery for cancer, and infection is now frequently reported. The main advantage of perforator flaps is their low donor site morbidity. The majority of donor sites can be closed directly and, as the underlying muscle and its nerve supply are preserved, donor site morbidity is minimal. Studies also suggest faster recovery, less postoperative pain and shorter hospital stays with the use of perforator flaps compared to the use of their musculocutaneous counterparts. The disadvantages of perforator flaps are largely related to the learning curve. In the preoperative phase there is a need for adequate planning which includes selection of a suitable perforator that can provide adequate perfusion of the flap. During perforator flap surgery, dissection of the selected perforator requires a meticulous technique as vasospasm or damage to the perforator can lead to impaired flap perfusion or even flap loss. As the perforator is not protected by a muscle, cuff torsion, kinking or external compression during flap inset can easily occur. As with all free flap surgery, survival of the free perforator flap relies on patency of the arterial and venous anastomoses. A thorough understanding on the physiology of the dynamics of flap perfusion is a large advantage. In this respect the use of dynamic infrared thermography (DIRT) in the preoperative, intraoperative and postoperative phase has shown to be able to provide the surgeon with valuable information on flap perfusion that can help to improve flap survival of free perforator flaps. In contrast to capturing static thermal images, DIRT involves capturing sequences of images to analyse changing thermal patterns in the skin over time. By applying a thermal challenge, for example a fan cooling, the subsequent recovery of the skin temperature toward its thermal equilibrium is evaluated with respect to rate and pattern of recovery. A special form of DIRT is reperfusion of tissue after completion of an anastomotic procedure. The usefulness of DIRT in free perforator flap surgery will be illustrated using autologous breast reconstruction with a deep inferior epigastric perforator (DIEP) flap as an example.

#### ADVANCED MODELING IN THERMAL IMAGING AND ITS APPLICATIONS IN DIAGNOSTICS.

Arcangelo Merla

Infrared Imaging Lab, ITAB -Institute of Advanced Biomedical Technologies, And Dept. of Neuroscience and Imaging, University "G. d'Annunzio" - Chieti-Pescara

In this study we used Control System Theory to model cutaneous thermoregulatory processes in response to a standardized

cold challenge, a diagnostic test routinely performed, for example, for differential diagnosis of Raynaud's Phenomenon or hyperthermia secondary to varicocele. The proposed model is based on a homeostatic negative feedback loop, characterized by five distinct parameters, which describe how the control mechanisms are activated and maintained. The proposed approach has been applied to thermal infrared imaging data from 14 systemic sclerosis subjects, 14 PRP, and 16 healthy control subjects (HCS) for studying how the disease affects finger thermoregulation. A second study was performed on 49 young patients suffering from left varicocele and 17 healthy controls. In both studies, the models were able to describe consistently the physiopathology of the disease and provided useful follow up indications.

#### FUNCTIONAL INFRARED IMAGING IN THE DIAGNOSIS OF RAYNAUD'S PHENOMENON.

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18 healthy volunteers, 20 Secondary Scleroderma and 20 Primary Raynaud's Phenomenon patients were studied subsequently to clinical evaluation and nailfold capillaroscopy. This new approach highlighted a quite different behaviour between patients with Primary Raynaud's Phenomenon and those with early diagnosed Systemic Sclerosis. This new method, compared with other existing techniques, seems to be useful tool for the early discrimination and differential diagnosis between PRP and RP secondary to Ssc.

## NEUROSURGERY

#### INFRARED THERMOGRAPHY USE AT COMPLEX REGIONAL PAIN SYNDROME.

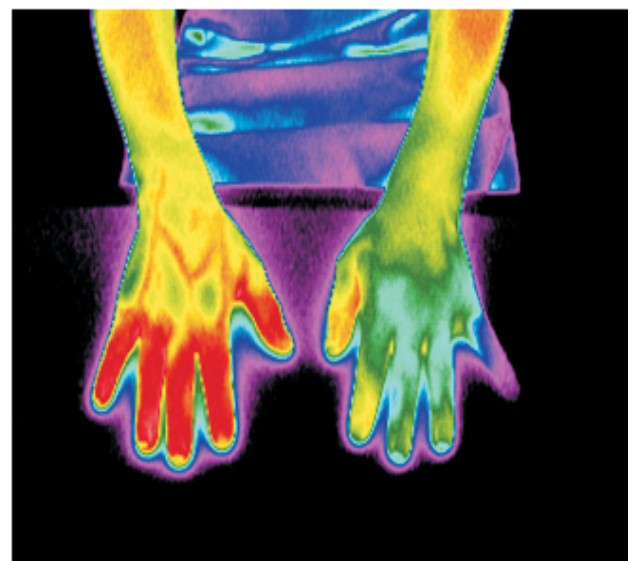
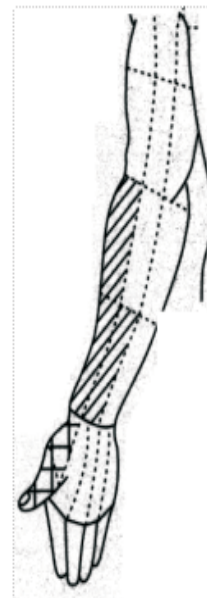
Marcos Leal Brioschi, Daniel Colman, Angelo Carstens, Charles Amaral de Oliveira, Francisco Dias Assis, Lin Tchia Yeng, Manoel Jacobsen Teixeira.

Pain Center and Clinical Thermology and Thermography Pos Graduate Specialty - Hospital das Clínicas - School of Medicine - University of São Paulo

Complex regional pain syndrome (CRPS) is a potentially disabling neuropathic condition characterized by regional pain that is often disproportionate to or occurs in the absence of an definable inciting event. CRPS involves inflammatory, neuropathic and nociceptive mechanisms. It is always associated with abnormal sympathetic nervous system activity that includes a characteristic triad of autonomic, sensory and motor disturbances. Re-

sults of validation studies have shown significant potential to failed diagnosis due to low specificity, low inter-observer reliability, and considerable variability in the recognition of relevant clinical signs. The diagnosis is complicated by neuropathic and somatic conditions that often mimic this syndrome, so complicating the treatment. The functional cold water autonomic stress test by thermography evaluates the integrity (function) of the autonomic nervous system and it is 100% sensitivity and 94% specificity with a kappa index of concordance of 0.69 when comparing patients with the modified IASP criteria for CRPS. In conclusion, functional infrared imaging effectively detects specific IR signature indices that objectively reflect vasomotor instability that are important in establishing a differential diagnosis of CRPS. Functional infrared imaging, when administered and evaluated by a competently trained doctor, is both pragmatically valid and ethically imperative.





# THERMATOMAL ALTERATION IN THE CERVICAL DISC HERNIA/ HERNIATION C5/C6: CASE REPORT AND LITERATURE REVIEW

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**OBJECTIVE:** The evaluation by infrared image on a patient complaining about cervicalbrachialgia on the right side resulting from cervical disc hernia C5/C6.

**METHODS:** The patient ABMG, 43year-old female, married, Lawyer, originally from Presidente Prudente city, white, had a progressive cervical pain complaint for 3 weeks. Currently intense pain, EVA=8/10, with irradiation toward the right upper limb through the thenar region, thumb and index finger, with paresthesia and gentle loss of the sensibility, the pain aggravation to the strains and bending of the neck and it improves with the local heat and lain position. The neurological examination has shown light weakness of the brachial biceps and carpus radial extensor with hypoactive tendon jerk of the biceps muscle. The compressive cervical radiculopathy is an ordinary clinical problem which reaches adults in all age groups, but it is rare in children and adolescents. The symptoms range from light and chronic to the acute pain with weakness and sensitive alteration. The investigation of the pain generator causes on the cervical region remains challenging. The thermographic exam, with no contrast, painless and it can be used on any person, even on pregnant and children to the painful neuromuscular conditions such as painful myofascial syndrome, myositis, muscle ligament lesions, radiculopathy by cervical disc hernia, complex local pain syndrome and inflammation such as arthritis in the zygapophysis articulations and tendinitis. For the thermographic exam accomplishment, the patient must remain undressed for 15 minutes to equalize its body temperature with the climatized environment at 23°C, 50%

of relative humidity and air current <0,2m/s, accomplishing the filming, without any contrast and no radiation. The thermographic examination must include the total body from the front and from the back. Positions for the shoulders, trunk, upper and lower limbs must be taken. It is always important include the contralateral limb due to the principle of the neurovascular similarity between the hemibodies and for calculating the temperature difference between the right and left side (delta T) to the corresponding areas (ROI). The infrared thermal images shown in cases of cervical-brachialgia by cervical disc hernia will appear on the dermatome involved as hyporadiant or hyper-radiant alteration.

**RESULTS:** The changing thermathomal area on the disc hernia C5C6 was shown in the radial region of the forearm to the thumb and index finger with thermal asymmetry between the upper limbs with delta T considered abnormal from 0.3°C to 1.0°C. According to BENELIYAHU and SILBER (1990) it was found 84% of sensibility and 78% of the predictive value correlated to MRI and thermography in cases of cervical disc hernia.

**CONCLUSIONS:** The infrared imaging is a non ionizing diagnostic imaging method, that is painless, does not need radiological contrast media and it can be applied at all ages, also in pregnancy. It can be applied for chronic pain evaluation such as in cervical disc hernia.

## LEGAL MEDICINE / EXPERT

### IDENTIFICATION OF ALTERED PHYSIOLOGICAL STRESS RESPONSE USING INFRARED THERMOGRAPHY MONITORING

Ionildo José Sanches, Marcos Leal Brioschi, Daniel Colman, Eduardo Adrat, Vanessa Andreoli, Jose Vargas.

InfraRedMed - [www.infraredmed.org](http://www.infraredmed.org)

**OBJECTIVES:** This work aims at the development of a secure non-contact system to identify people who have an altered physiological stress response through medical infrared thermography analysis. The system can be deployed in areas of high risk of accidents by providing immediate notification of people's stress state being monitored.

**METHOD:** For the development of thermography computer system, we are using of a standardization methodology of cutaneous thermal readings considering the environmental and central body temperature for medical infrared thermography studies, making corrections in the cut value by means of a adimensional temperature methodology (Brioschi, 2011). The software performs the analysis of the pulsed thermal waveform related to respiratory and heart frequencies of the individual, as well autonomous vasomotor activity related to facial cutaneous flux, which will serve as parameters to quantify the physiological condition of stress response altered. The infrared images acquisitions are made by using a FLIR ThermoVision® A320 infrared camera, with 320 x 240 pixels resolution.

**RESULTS:** A set of classes were developed to acquire the infrared images, display grayscale and pseudo-color images, image processing and image analysis using the adimensional temperature. Using the adimensional variable  $\tau$  considers the individual metabolism and environmental temperature at the examination site and to determine the level of stress considering the cut-off values of normality.

**CONCLUSION:** The computer system will allow, besides the identification of health disorders, also the epidemiological study of environmental factors that trigger these irregular physiological reactions in order to prevent possible accidents during professional risk-taking.

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### THERMAL INFRARED IMAGING IN NEUROPSYCHO-PHYSIOLOGY: NEW APPROACHES AND POSSIBILITIES

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A novel system that incorporates non-contact and non-invasive physiological monitoring of the human autonomic nervous activity is presented. The autonomic activity is recorded through its effects on cutaneous temperature. The sensing element is a thermal camera that is employed as a computer peripheral. Through bioheat modeling of facial imagery, almost the full range of vital signs can be extracted, including localized blood flow, cardiac pulse, breath rate, and sudomotor response. These physiological informations can then be used to draw inferences about a variety of health symptoms and, more important, psychological states. This research aims to realize the notion of sustained monitoring for emotional states.

### ADVANCED MODELING IN THERMAL IMAGING AND ITS APPLICATIONS IN DIAGNOSTICS

In this study we used Control System Theory to model cutaneous thermoregulatory processes in response to a standardized cold challenge, a diagnostic test routinely performed, for example, for differential diagnosis of Raynaud's Phenomenon or hyperthermia secondary to varicocele. The proposed model is based on a homeostatic negative feedback loop, characterized by five distinct parameters, which describe how the control mechanisms are activated and maintained. The proposed approach has been applied to thermal infrared imaging data from 14 systemic sclerosis subjects, 14 PRP, and 16 healthy control subjects (HCS) for studying how the disease affects finger thermoregulation. A second study was performed on 49 young patients suffering from left varicocele and 17 healthy controls. In both studies, the models were able to describe consistently the physiopathology of the disease and provided useful follow up indications.

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### HUMAN BEING STRESS LEVEL MONITORED BY IR REMOTE SENSING.

Brioschi ML, Yeng LT, Matias EF, Silva FMRM, Teixeira MJ. Sao Paulo University Hospital - Neurology Department. Parana University Hospital Post-Graduation Department of Surgery.

This paper described the use of non invasive remote passive IR imaging for measurement of human vital signs to detect altered physiological status, defined as physiological stress. By means of statistical signal processing, an automated system can detect levels of physiological stress, analyzing different human being functional variables such as breathing, supra-orbital artery pulse, cold nose, ears and hands, dry mouth, flushing and moving of the face. Breathing causes noticeable changes in temperature at the nasal area, which appear as periodic changes in the face IR image. The supra-orbital arteries of the face produce time-varying heat patterns which yield information about the cardiac cycle, called pulse. Ears, nose, hands vasoconstrictions and dry mouth diminish the IR radiation proportionally to the elevation of the stress level, contrary the hyper-radiation occasioned by the vasodilatation of the face. Results on human normal subjects and exposed during a television reality show were provided and validated against standard approaches for physiological parameters measuring. The proposed method has medical, traffic accident and public security applications as non-contact vital signs monitoring, driver's stress detection and intent identification at a dis-



tance. So it is ready to be used at airports, and health screening, police departments, elder care, workplace preventive care, and vehicles dashboards.

## THERMAL SYMMETRY OF THE LIMBS IN HEALTHY SUBJECTS

Ricardo Vardasca

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Infrared thermal imaging is being increasingly utilized in the study of neurological and musculoskeletal disorders. In these conditions data on the symmetry (or the lack of it) of skin temperature provides valuable information to the clinician. In current times the appearance of newer generations of higher resolution cameras a lack of reference data resulting from comparison between total body views with close-up regional views in both anterior and dorsal visualizations existed.

Establish a value for Sagittal and Coronal thermal symmetry of the human body is needed to be used as indicator in clinical assessments.

In this study skin temperature measurements have been carried out using thermograms, of hands 75 healthy volunteers and for other body 39 healthy subjects were imaged. Measurements were obtained from an infrared camera (FLIR A40) using the CTHERM application. A computational analysis application was developed to standardize and optimize the time of analysis. This tool performs thermal image morphing based on anatomical landmarks preserving the temperature values associated with the regions of interest (ROI) and generates statistics about mean temperature, standard deviation of those ROI's.

Sagittal Thermal Symmetry using regional views presented a maximum value for mean temperature of  $0.49 \pm 0.29^\circ\text{C}$  and standard deviation of  $0.28 \pm 0.29^\circ\text{C}$  for anterior arms.

Total body views and regional views produced comparable results. However in regional views better results were achieved. Using a high-resolution camera the study achieved better results on thermal symmetry in normal subjects than previously reported. Symmetry assumptions can therefore now be used with higher confidence when assessing abnormalities in specific pathologic states.

## THE USAGE OF MEDICAL THERMOGRAPHY AS A COMPLEMENTARY EXAMINATION FOR OCCUPATIONAL CONDITIONS AFFECTING THE UPPER LIMBS

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Institute for Polymers and Composites - IPC/I3N, University of Minho, Campus de Azurém, Guimarães, Portugal

Repetitive Strain Injury and its sub-divisions, such as Hand Arm Vibration Syndrome, are the most common occupational conditions that need an accurate quantitative and objective diagnostic test to aid clinicians in the judgment of the degree of injury and correspondent treatment.

An objective assessing method is needed to provide a permanent evidence record of the degree of injury.

Medical thermography was used with a set of developed objective mechanic provocation tests involving vertical vibration exposure of hands and computer keyboard typing challenge, which were followed by a vascular provocation challenge of the hand. In order to assess the peripheral temperature changes of the hand a computational model was developed and the images standardized and analyzed.

It was possible to discriminate between degrees of injury groups ( $p < 0.05$ ) but not individuals.

The proposed method is objective and repeatable, can provide information of the evolutionary stage of the condition. Medical thermal imaging can be used as complementary diagnostic tool

to provide evidence of occupational condition affecting upper limbs in support to medical history in medico-legal liabilities.

## ATLAS OF DIAGNOSTIC THERMOGRAPHY - FULL BODY POSITIONING

Gladis Reiserberger Galindo, Pablo Oliveira dos Santos, Viviane de Oliveira Fernandes, Ana Paula Costa Christakis

CBES - Brazilian School of Systemic Studies

Infrared thermography also known as cutaneous thermometry is a remarkable diagnostic progress in medicine. Thermal imaging of high resolution detects countless pathologic dysfunctions of great preventive importance or already established diseases. It is a totally non invasive exam without any physical contact. Besides to not beam any sort of radiation is totally painless as well. Therefore it can be used in children and pregnant women without any kind of risk, and it can be repeated as many times as necessary, with no risk or pain for the patient. The infrared imaging is a method that complements even more anatomic findings of current radiological techniques (radiography, ultrasound, tomography and magnetic resonance imaging) because evaluates how the entire body is working, regardless of whether there is a structure alteration or detectable tissue by these exams, due the utmost importance of correct accomplishment of this exam, it will be introduced the positioning manual, in order to standardize a protocol of positioning and thus assisting premature diagnostic, treatment, prognostic and therapeutic monitoring. The positioning depends on the area to be analyzed (region of interest - ROI) basis on the clinical symptoms that the patient reports in the anamnesis, being a complete exam because is made on whole body basis, in orthostatic position, assessing both anterior, posterior and side view of the patient.

## ATLAS OF DIAGNOSTIC THERMOGRAPHY - ANATOMIC CORRELATION

Gladis Reiserberger Galindo, Pablo Oliveira dos Santos, Viviane de Oliveira Fernandes Ana Paula Costa Christakis

CBES - Brazilian School of Systemic Studies

The infrared imagenology is the production of digital images by the capture of infrared rays emitted by the body allows to evaluate cutaneous microcirculatory activity by mapping the surface body temperature distribution. It does investigate the thermal nature of structures and/or functional modifications produced by disease in the organism. The results of the exam enables determine the functioning of vascular system and, besides this, the nervous system, muscle - skeletal, inflammatory processes and dermatological conditions, endocrines and oncologic. The exam allows to assess the clinical prognostic and, consequently, to resolve more objectively the medical issues. The Thermographic atlas shows the correlation of anatomic - functional images, between vascular anatomy neurological, myofascial and thermal imaging, also indicating the correct positions for a complete study.

## DERMATOLOGY / ENDOCRINOLOGY

## THERMOGRAPHIC EVALUATION OF PATCH TESTS: THE TWO PATTERNS

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Patch testing is a very useful and very safe tool for diagnosing contact allergy. One of serious pitfall in the patch testing method still remains the risk of irritant response into classification of an allergic hypersensitivity, or to evaluate a week positive response in a black skin.

The main trouble still remains in the lack of an objective evaluation of response. With infrared thermography, we can performed a non-invasive, objective, reproducing and recording instrumental diagnoses, based on the analysis of patch test skin areas. One of the problems encountered in this field, is the very low thermal gradients in case of the clinically positive test and/or the difficulty to evaluate this in dark pigmented skin. To this purpose, we employed the thermostimulation method.

We have selected this thermographic analysis, in order to assembly univocal and peculiar point-of-view, to discriminate and to classify, both allergic and irritant reactions.

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## EPIDERMAL SKIN PRECANCEROUS AND CANCER LESIONS AND VIDEO-THERMOGRAPHY: THE HYPOTHESIS OF SKIN FIELD CANCERIZATION

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Dermatological Institute San Gallicano for Research and Care - Rome Italy

There is evidence that patients with chronic exposure to UV usually develop skin precancerous or cancerous lesions in photo-exposure areas. This observation, lead to concept of "Skin Field Cancerization": this hypothesis suggests how a tumour area can have an increased probability to become the site of another cancer.

Applied in this peculiar area, Video Thermography, revealed some different patterns about different type of skin cancers; in particular:

- Hot spots with quick thermal recovery time on Actinic keratosis
- Cold spots on site of Basal Cell Carcinomas (BCC)
- A well defined hyper thermal area in which usually arise only pre-cancerous squamocellular lesions, while BCC not responded to this peculiar criteria.

We sustain that - if this preliminary data are confirmed - Video Thermography, could represent a "non invasive in real time method", that may be observe a target "dangerous" area, that could be treated before the arising of "skin cancerous lesions".

## INFRARED-IMAGING TECHNOLOGY APPLICATION IN PRESSURE ULCERS

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**SITE:** This study was developed in the Master Degree Program in Health Technology at Pontificia Universidade Católica do Paraná.

**OBJECTIVE:** identify and deliberate on different infrared-imaging technology applications in pressure ulcers.

**METHODOLOGY:** We performed a bibliographic search at PUBMED, MEDLINE, ISI WEB, SCOPUS research bases to identify papers related to the use of thermography in pressure ulcers during the period beginning in 1970 to 2011.

**RESULTS:** We found two papers that compared thermography and risk-scale (Braden and Norton's), and on both papers thermography proved to be an efficient auxiliary method to predict patients and high-risk spot for the development of pressure ulcers. Those studies established as wound pattern temperature differences between the target area and surrounding area of 1.5°C and 1°C, in that order. Two other studies highlighted the use of thermography as a method to evaluate the prognostic of the ulcer scarring process, demonstrating that the ones showing lower temperature, in relation to the surrounding skin, tended to heal normally, whereas those that showed a higher temperature evolved with a delay in the healing process. Still, another study indicated that when temperature difference, between the ulcer and surrounding skin, was lower than 1°C there was a healing delay, but when there was a 2.5°C-temperature difference healing was normal. In animal samples, two studies presented good correlation with the depth and seriousness of the wound through reactive-hyperemia analysis by means of thermography. We also highlighted studies that used thermography to evaluate the effect and patient reaction in relation to a support surface (mattresses and/or cushions) by analyzing the reactive hyperemia curve and thermal variation mapping in the areas of high incidence of pressure ulcers to help in prevention studies. It can also be applied as a support method to evaluate and adjust stump prosthesis, because studies have shown good correlation of temperature alteration with pressure placed in subcutaneous tissue, thus helping in the prevention of ulcers.

**CONCLUSION:** Thermography proved to be a complementary method able to quantitatively help in pressure ulcer evaluation, prevention, treatment, and monitoring processes, being, therefore, a promising method in clinical practice.

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#### AN EXPLORATORY LOOK AT THE THERMAL CHARACTERISTICS OF THE EYES IN PATIENTS WITH THYROID EYE DISEASE

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Thyroid-associated orbitopathy (TAO) is an inflammatory condition affecting the eyes of patients with Graves' disease. It is estimated that the prevalence of TAO in the UK is around 400,000. Treatment can be successful in selected cases and consists of high dose steroids, orbital irradiation and surgery. Choice of treatment is highly dependent on accurate clinical assessment as anti-inflammatory treatments are effective only during the active phase of the disease, while some of the surgical treatments are appropriate only when the disease has become inactive. The clinical assessment of TAO is fraught with difficulties because it is subjective. This pilot study therefore explores the clinical value of medical thermography for the objective assessment of the inflammatory aspects of TAO (such as redness of the lids and conjunctivae).

Fourteen patients with thyroid eye disease were recruited from the regional Joint Thyroid Eye clinic. Eighteen healthy control subjects were also studied for further comparison with the patients. Each was requested to follow a pre-test preparation protocol prior to thermography. Patients also underwent a formal clinical assessment of the eyes to form a quantitative Clinical Activity Score (CAS). The CAS was measured within a day of thermography and gave evidence for whether the disease was likely to be active. Thermograms were collected whilst the patient lay comfortably supine and still on a measurement couch, with measurements performed in a temperature controlled thermal imaging facility under normothermic conditions. The thermal imaging system comprised a FLIR SC300 with close up lens (FLIR type 64/150) allowing the full region around each eye to be assessed in detail. FLIR ThermoCAM image processing software was employed to summarize thermal characteristics in selected regions around the eyes.

There is a range of thermal characteristics observed from the thermograms, and there are key features which separate the inactive and active disease patients. Overall, the preliminary data show that thermographic measurements can pick up areas of inflammation in the patients with active TAO (Figure 1a). In some patients with inactive disease the thermograms were difficult to interpret. Other thermal characteristics were observed, including the blink reflex and lacrimation.

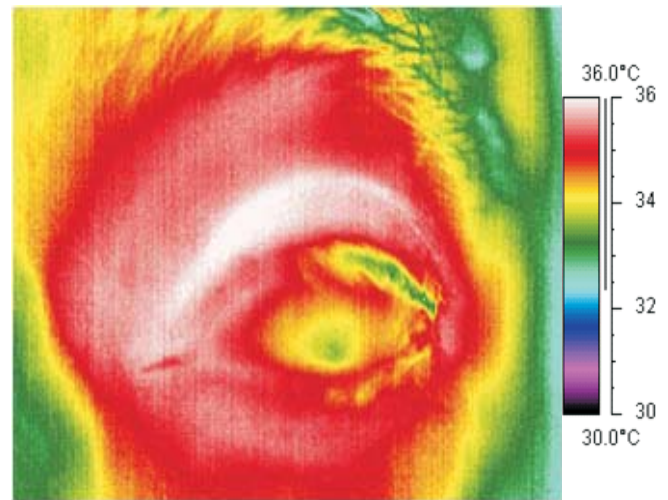


Figure 1 (a) Patient with active disease

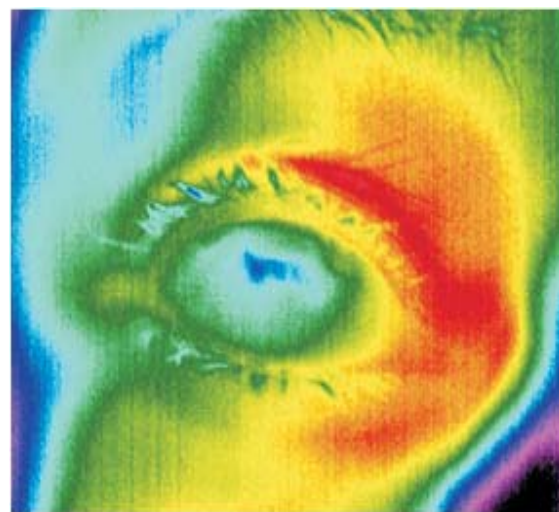


Figure 1 (b) Patient with inactive disease

Further image analysis is now needed to better understand the relationships between the constituents of the CAS score and the complex thermal characteristics of the eye, and the diagnostic accuracy of classifying active disease assessed in a larger patient group.

#### THERMOGRAPHY, FOOD ALLERGY, FIBROMYALGIA AND ENVIRONMENTAL MEDICINE.

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Clinical of Environmental Medicine, Nutrition and Allergy, Manaus-Brazil

\*\*InfraredMed-Curitiba-Brazil

Allergy in its original meaning is of any individualized reaction to any environmental substance occurring in time. Among the multiple environmental causes of inflammatory diseases and painful syndromes, we can find food late allergy (FLA). It is related to food reactions that are not mediated by immunoglobulin IgE, therefore, not constituting an anaphylactic allergy. Such reaction can take place by mechanisms mediated by IgG and other with similar properties such as cationic protein. This type of allergy is easily detectable when a clinical method of exclusion and challenge is used to detect the suspect allergy. The patient is asked to exclude certain foods for 4 days, and on the fifth day, the excluded food is reintroduced, via oral as practice by British School; or subcutaneous as practiced by American School of Environmental Medicine.

The infrared medical thermography allows the observation of inflammatory effects of hollow digestive systems and reflects on

the skin, throughout the increase of infrared radiation on the abdominal region, resulting in a vasodilatation of vessels in response to the nerves stimulation from digestive organs. This skin neurovisceral reflex could be augmented by the inflammation process developed by food allergy reaction.

For practice of environmental medicine is necessary to follow three steps: 1) where does the inflammation take place? What are the mechanisms that support it? What are the environmental factors which caused inflammation?

In patients with chronic and generalized pain (such as fibromyalgia) the discovery that digestive system is also affected can be decisive, suggesting the origin of the inflammation, determines the disease.

The case we are presenting in the congress is a patient who had pain all over her trunk. It is 25 year-old woman, dentistry with herniated intervertebral disc previous diagnosis. She suffered for 2 years without sustained solution. She was submitted to a thermography and was found inflammation in the upper abdomen associated with the thermal mantle sign pattern and cold extremities characteristic of fibromyalgia patients. She was submitted to the 5 food exclusion process and she didn't feel any pain for 4 days. On the fifth day, she did the skin prick test for coffee, cow, milk, wheat, rice and beans. It was found positive reaction for rice and beans. After 4 months of specific food exclusion the patient remains without pain, active; her sleep patterns were back to normal, she went back to work full time and entertains herself as a normal person. Her only treatment was the exclusion diet of rice and beans. She repeated the thermography that was normal.

Thermography showed to be important in the sense of revealing the digestive allergy inflammation, also to evaluate the possible trigger point of the inflammation of the body, pointing to possible food or digestive cause. The diet of exclusion and challenge was decisive to finalize the diagnosis and the final result.

#### REFERENCES

1. Brostoff J, Challacombe SJ. Food Allergy and Intolerance. Second Edition. Saunders 2002.
2. Anthony H, Birtwistle S, Eaton K, Maberly J. Environmental Medicine in Clinical Practice. BSAENM 1997.

#### EVALUATION OF THREE THERMAL IMAGERS FOR SKIN TEMPERATURE MEASUREMENT USING THE LAND P80P BLACKBODY SOURCE AND SPATIAL RESOLUTION TEST OBJECT.

Richards RE., Allen J\*, Smith RE, Howell KJ.

Royal Free Hampstead NHS Trust, London, NW3 2QG, U.K.

\*Microvascular Diagnostics, Freeman Hospital, Newcastle, NE7 7DN, UK.

**BACKGROUND:** Calibration is defined as establishing a relationship between a measuring instrument and the value of a measurement standard. The importance of thermal camera calibration is often overlooked in medical applications of thermography. Manufacturers' specifications typically claim an accuracy of  $\pm 2^\circ\text{C}$  for un-cooled FPA thermal imagers. This value of accuracy would be unacceptable in clinical measurements where it would account for approximately 20% of the range of temperatures encountered. To investigate the performance of modern thermal imagers in practice, we calibrated three un-cooled FPA infrared devices using a LAND P80P Blackbody source with a traceable platinum resistance thermometer standard to verify cavity temperature.

**METHODS.** We evaluated the FLIR A320G and A40M (320x240 pixels) and the E30 portable (160x120 pixels) cameras to ascertain the drift after switch on, linearity, stability with varying ambient temperature and uniformity of the devices. We also evaluated spatial resolution for all three cameras using the Glanmorgan test object.

**RESULTS.** Comparison of the camera reading with the black body source between 20 and 39°C showed that the offset of the thermal cameras was considerably less than  $\pm 2^\circ\text{C}$ . The offset bias between the readings (PRT temperature minus camera) during the linearity test was found to be  $0.8^\circ\text{C}$  (SD  $0.7^\circ\text{C}$ ),  $0.1^\circ\text{C}$  (SD  $0.3^\circ\text{C}$ ) and  $-0.1^\circ\text{C}$  (SD  $0.2^\circ\text{C}$ ) for the A40M, E30 and A320G respectively. The drift in the camera reading after switch on was measured every 15 seconds for one hour and was found to be minimal for both the A320G and A40M, settling to within  $\pm 0.1^\circ\text{C}$  after 28 minutes and 10 minutes respectively. The E30 camera initially showed greater fluctuation over 30 minutes, but the discrepancy was reduced to  $\pm 0.2^\circ\text{C}$  after 42 minutes and  $\pm 0.1^\circ\text{C}$  after 46 minutes. The spatial resolution was, as expected, lower for the E30 than for the A320G or A40M.

**CONCLUSIONS.** The results highlight the importance of calibration for quality assurance of medical thermography. All cameras performed within specification, but there was considerable difference in offset bias between the three devices. The drift after switch on is an important consideration, although even the portable E30 device showed acceptable stability well within an hour. Modern un-cooled FPA thermal cameras are suitable for clinical measurements provided appropriate quality assurance is in place.



## News in Thermology

### RPS Fenton Medal for Prof Ring

Professor Francis Ring was presented with the Royal Photographic Society's (RPS) Fenton Medal and Honorary Life Membership at The Society's annual awards ceremony in London on 8<sup>th</sup> September. The Fenton Medal is awarded to RPS members or non-members who have made outstanding contributions to the work of The Society. It was established in 1980 and named after Roger Fenton, one of The Society's founders.

The citation for Francis' award reads:

*Professor Francis Ring joined The Society and its Imaging Science Group in 1980. He has served on that Group's committee in many capacities, and is a longstanding member of the Imaging Science Journal Editorial Board. In 2008, he was awarded The Combined Royal Colleges Medal in recognition of his world-renowned achievements in the field of infrared medical imaging.*

*For most of his NHS career, Professor Ring operated a facility for specialist photography in medical research, and is now the Director of the Medical Imaging Research Unit at Glamorgan University.*

*Involved in scientific symposia as both a speaker and organiser since 1958, Professor Ring's promotion of specialised conferences, including Infrared100, has attracted speakers and attendees from the UK and overseas, enhancing The Society's scientific status.*



Prof Ring with RPS President Mrs. Rosemary Wilman Hon FRPS



Prof Ring with RPS Awards Committee Chairman Roger Reynolds Hon FRPS and Dr. Kevin Howell (Royal Free Hospital)



RPS Award winners 2011,

All photographs are by Nick Scott FRPS (with courtesy)

## AAT moved the National office

The American Academy of Thermology moved the National office from Wheeling, Virginia, to Greenville, South Carolina to the address of Robert Schwartz, current president of the AAT. This change became necessary after the longstanding executive director of the AAT, the neurologist Srinivasa Govindan has resigned from this position.

Therefore, all future contacts with the AAT should be directed to

Dr Robert Schwartz  
317 St Francis Drive,  
Suite 350  
Greenville, SC 29601  
USA

## Call for Papers:

Clinical Temperature Measurement,  
30 January 2012,  
National Physical Laboratory, Teddington, London

Temperature as an indicator of fever and disease is as old as medicine itself. Today patient temperature remains a fundamental physiological measurement used not only for observation and diagnosis but also in surgery (thermal ablation), cancer therapy (high intensity focused ultrasound, HIFU) and brain therapy (hypothermia treatment).

A variety of temperature measuring technologies are used clinically and these can be separated into two categories

- 1. Contact (oral thermometers, axillary thermometers, temporal strips, thermocouples)
- 2. non-contact devices (ear thermometers and thermal imagers)

Recent developments have realised high-speed and high-resolution systems, but temperature, its measurement and relationship to the human body still hold many new areas of understanding and innovation.

Abstracts are invited describing all clinical applications of temperature measurement. Contributions are also encouraged which address issues of instrument calibration, quality assurance and future developments in medical thermography and thermometry.

Key speakers include:

- Helen McEvoy (Head of Radiation thermometry, National Physical Laboratory)
- Francis Ring (University of Glamorgan)
- Kevin Howell (Royal Free and University College Medical School)
- Nigel Davies (University Hospitals Birmingham NHS Foundation Trust)
- Ricardo Vardasca (Polytechnic Institute of Leiria)

Registration:

Please register for the event on-line at  
[www.regonline.co.uk/clinicaltemperaturemeasurement](http://www.regonline.co.uk/clinicaltemperaturemeasurement)

Submission details:

Deadline: 15 December 2011

Submit to: [priyanka.nair@npl.co.uk](mailto:priyanka.nair@npl.co.uk)

Please submit a A4 page abstract of no more than 200 words, full papers will not be required

## The German Society of Thermography & Regulation Medicine leave the EAT

The board of the German Society of Thermography & Regulation Medicine (DGTR) decided to quit their membership in the European Association of Thermology.

The history of the relationship of the DGTR and the EAT was always ambiguous. The German Society for Thermodiagnosics, which was the former name of the German Society of Thermography & Regulation Medicine, was among four national societies associated to the European Association of Thermography when founded in 1971. In the minutes of the 1st General Assembly, the dentist Prof Tielemann represented the DGTR in the EAT at that time. However, the DGTR was not any longer listed as associated society in 1982, when the 3rd international Congress of Thermology was held in Bath. In 1990, the DGTR applied again for membership in the EAT, which was unanimously accepted by the EAT board. This year the DGTR officers decided to stop paying membership dues in the EAT from 2012 on and cancelled in that way their membership. Maybe they will come back some day in the future.

## Meetings

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12<sup>th</sup> November 2011

24<sup>th</sup> Thermological Symposium  
of the Austrian Society of Thermology

*Venue:* Raddisson Blue Palais Hotel Vienna, Austria

*Speakers:*

Prof Francis Ring, UK

Prof Rod Thomas, UK

Dr Kevin Howell, UK

Prof. James Mercer, Norway

Prof Ricardo Vardasca, Portugal

Prof Manuel Sillero, Spain

Prof Kurt Ammer, Austria

Dr Simone Westermann, Austria

Dr Jozef Gabrhel, Slovakia

*Information*

Prof K. Ammer, MD, PhD

Austrian Society of Thermology

Hernalser Hauptstr 209/14

Email: KAmmer 1950@aol.com

23<sup>th</sup>-26<sup>th</sup> November, 2011

2<sup>nd</sup> International Consensus and Guidelines for  
Medical Thermography (2011 ICGMT)

2<sup>nd</sup>. International Working Group for Medical  
Thermography (IWGMT) Meeting

in Foz do Iguaçu Falls, Parana, Brazil .

Prof Francis Ring – 2011 IWGMT Honor President

Prof Manoel Jacobsen Teixeira – 2011 ICGMT Honor  
President

Prof Marcos Leal Brioschi – Congress President

2012

2012

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30 January 2012

Clinical Temperature Measurement,  
National Physical Laboratory, Teddington,  
London

*Key speakers include:*

Helen McEvoy (Head of Radiation thermometry, National  
Physical Laboratory)

Francis Ring (University of Glamorgan)

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Please submit a A4 page abstract of no more than 200  
words, full papers will not be required

## March 2012

16<sup>th</sup> National Congress of the Polish Association of Thermology in Zakopane

*Abstract deadline:* February 15th, 2012

*Deadline for hotel reservation:* March 1<sup>st</sup>, 2012

Registration fee: 200.-Euro

Local organizing committee

Prof. Anna Jung (Chair)

Dr Janusz Zuber (deputy Chair)

Dr Boleslaw Kalicki mgr ing. Piotr Murawski

Registration fee for non Polish participants will be paid in cash on arrival at the conference. Registration by e-mail is required before March 1st to ensure hotel reservation. After registration number is issued, delegates are committed to payment of the fee.

Registration includes welcome dinner Saturday, Lunch and accomodation.

Extra night + breakfast Monday + 50 .- Euro

Accompanying person – 150.- Euro

March in Zakopane is very attractive, being surrounded by the Tatra Mountains covered with snow. The International airport of Krakow, is a 2hr journey away. There is good connection from Krakow airport by railway to bus station in direct Zakopane

Further information

Prof Dr. Anna Jung

ajung@wim.mil.pl or a.jung@spencer.com

## 23 - 27 April 2012

## SPIE Defense, Security + Sensing in Baltimore. Maryland, United States

*Venue:* Baltimore Convention Center

## IR Sensors and Systems

Infrared Technology and Applications

Conference Chairs:

**Bjørn F. Andresen**, SCD Semiconductor Devices (Israel);

**Gabor F. Fulop**, Maxtech International, Inc.;

**Paul R. Norton**, U.S. Army Night Vision & Electronic Sensors Directorate

Thermosense: Thermal Infrared Applications

Conference Chairs:

**Douglas Burleigh**, La Jolla Cove Consulting;

**Gregory R. Stockton**, Stockton Infrared Thermographic Services, Inc.

Infrared Imaging Systems: Design, Analysis, Modeling, and Testing  
Conference Chairs

**Gerald C. Holst**, JCD Publishing

**Keith A. Krapels**, U.S. Army Night Vision & Electronic Sensors Directorate

## Important Dates

Abstract Due Date: 10 October 2011

Author Notification: 19 December 2011

Manuscript Due Date for On-Site Proceedings (Conference DS215 only): 13 February 2012

Manuscript Due Date for Post-Meeting Proceedings Volumes: 26 March 2012

Website: [http:// spie.org/x6765.xml](http://spie.org/x6765.xml)

## June 11-14, 2012

11<sup>th</sup> Quantitative InfraRed Thermography Conference at University of Naples Federico II, Naples, Italy

Steering Committee

Chairman: D. Balageas, France

Vice-Chairman: X.Maldague, Canada

The DEADLINE for submitting a 2-page abstract is December 15, 2011

Further information

[www.qirt2112.unina.it](http://www.qirt2112.unina.it)

or contact the organizing committee at [qirt2012@unina.it](mailto:qirt2012@unina.it)





## 12th European Congress of Thermology combined with the 25th Thermological Symposium of the Austrian Society of Thermology



**“Temperature measurements in Medicine and Biology”**  
**6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> September 2012**

### **Areas of interest for the event:**

Thermal physiology  
Sports medicine  
Physiotherapy  
Dentistry  
Veterinary medicine  
Forensic and evidence medicine  
Surgery and vascular medicine  
Rheumatology  
Dermatology  
Functional medicine  
Fever screening  
Alternative medicine  
Thermal image processing  
Camera technology  
Botanic thermography  
Cancer screening/monitoring

**Papers and Posters Abstract Deadline:**  
01/05/2012

**Full Papers and Posters Deadline:**  
02/07/2012

The accepted publications will be published in a proceedings as  
appendix of Thermology International Journal September 2012 Issue

<http://www.fe.up.pt/eat2012>

## The 11<sup>th</sup> International Conference on Quantitative InfraRed Thermography

### Call for Papers

The Quantitative InfraRed Thermography (QIRT) conference is an international forum which brings together specialists from industry and academia, who share an active interest in the latest developments of science, experimental practices and instrumentation, related to infrared thermography.

Following conferences in Paris (1992), Sorrento (1994), Stuttgart (1996), Lodz (1998), Reims (2000), Dubrovnik (2002), Brussels (2004), Padova (2006), Krakow (2008) and Québec City (2010), the 11th Quantitative Infrared Thermography Conference, QIRT 2012, will take place on June 11-14th, 2012 at University of Naples Federico II, Naples Italy.

### QIRT 2012 will cover, and it is not limited to, the following topics:

- State of the art and evolution in the field of infrared scanners and imaging systems, allowing quantitative measurements, and related data acquisition and processing.
- Integration of thermographic systems and multispectral analysis. Related problems like: calibration and characterization of infrared cameras; emissivity determination; absorption in media; spurious radiations, 3D measurements; certification and standardization.
- Thermal effects induced e.g. by electromagnetic fields, elastic waves or mechanical stresses.
- Application of infrared thermography to radiometry, thermometry and physical parameters identification in all fields such as (and not limited to): industrial processes; material sciences; termofluidynamics; structure and material non-destructive evaluations; cultural heritage; environment; fluid mechanics; medicine; biomedical science; food production.

<b>Important Dates:</b>	Abstract Submission Deadline:	December 15, 2011
	Acceptance Notification:	January 31, 2012
	Paper Submission Deadline:	April 30, 2012
	Main Conference:	June 11 – 14, 2012

### Abstract and Paper Submission

The participants are invited to submit to the QIRT 2012 Secretariat by December 15th, 2011 an extended abstract of 2 pages (letter size/A4 format), either for oral or poster presentation, including key figures and main results.

Following acceptance notification, camera ready, full paper of 6-10 pages including color figures should be submitted to the QIRT 2012 Secretariat by April 30th, 2012.

All submissions for oral or poster presentation will be handled electronically via the conference website [www.qirt2012.unina.it](http://www.qirt2012.unina.it).

Authors are requested to propose the thematic section in which the paper should be included.

### Web-Based Proceedings

Papers will be published online in the QIRT Open Archives <http://qirt.gel.ulaval.ca> and can be found via Google Scholar. A USB flash drive with all conference papers will be also distributed to conference participants. Selected papers will be published in the QIRT Journal after a subsequent review by experts.

For further information and updates please visit: [www.qirt2012.unina.it](http://www.qirt2012.unina.it) or contact the organizing committee at [qirt2012@unina.it](mailto:qirt2012@unina.it)

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Dep. of Aerospace Engineering  
University of Naples Federico II

## Tutorials, Symposium and Technical Visit

In addition to the main technical program, the conference will include:

### QIRT Short Courses

A - Basic Thermography, B - Application to Fluids, C - Application to Solids, D - Cultural Heritage and Buildings.

The Courses are scheduled on Sunday, June 10th, 2012. The tuition fee is 348 € (290 € + VAT 20%) for one or more courses. Course schedule: A in the morning B, C and D in parallel sessions in the afternoon.

### Half Day Symposium in honour of Giovanni Maria Carlomagno

This symposium celebrates Carlomagno's long career as a scientist, featuring a small but very distinguished selection of friends who shared interest with Giovanni along his way. The half day symposium is scheduled in the morning of 11 June 2012.

### Technical Visit to CIRA wind tunnels

On Friday June 15 is scheduled a technical tour of CIRA's SCIROCCO hypersonic plasma wind tunnel and Icing Wind Tunnel (IWT). SCIROCCO is one of the few facilities in the world able to perform thermo-structural testing on large-size or real-scale 1:1 models. The IWT is world's largest and most advanced facility that allows performing both aerodynamic and ice-type testing.

### Students Awards

The QIRT 2012 organizing committee strived to stimulate young researchers by awarding the best three conference contributions presented and authored only by students.

### Conference Fees

#### Regular participants

- Early rate (deadline: April 30th 2012): (460 € + VAT 20%) 552 €
- Late rate (deadline: May 31st 2012): (540 € + VAT 20%) 648 €
- Desk registration rate: (615 € + VAT 20%) 738 €

#### Students

- Early rate (deadline: April 30th 2010): (290 € + VAT 20%) 348 €
- Late rate (deadline: May 31st 2010): (340 € + VAT 20%) 408 €

**Fee covers:** Conference USB Proceedings, Welcome reception, Conference dinner, 3 lunches and coffee breaks. Accommodation is not included. **For regular participants only, fee includes also a subscription to the QIRT Journal for 2 years** (Standard subscription rate 164€/year).

#### Accompanying persons

- Rate (deadline: May 31st 2012): (120 € + VAT 20%) 144 €

This amount includes the Welcome reception and Conference dinner.

### Venue

QIRT 2012 will be held at the University of Naples Conference Centre which is superbly located in Naples waterfront, unique for its focus on creative, cultural, entertainment and leisure activities. Naples location offers an ideal base for international visitors hoping to experience Campania's iconic attractions: Capri and Ischia islands, Herculaneum, Pompeii, Positano, Sorrento, Ravello, all accessible within an hour.



For further information and updates please visit: [www.qirt2012.unina.it](http://www.qirt2012.unina.it)  
or contact the organizing committee at [qirt2012@unina.it](mailto:qirt2012@unina.it)

# QIRT 2012



**Dr. Kurt Ammer**

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- This journal is a combined publication of the Austrian Society of Thermology and the European Association of Thermology (EAT)
- It serves as the official publication organ of the the American Academy of Thermology, the Brazilian Society of Thermology tthe UK Thermography Association (Thermology Group) and the Austrian Society of Thermology.
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